

La Cachucha

Mexican
Spanish

Formation:

Two lines

W	M
O	X
O	X
O	X
O	X

Patterns:

I Hands held high - snap fingers or castanets

II. Women hold skirts -

Men. Hands held behind waist palms out

III Same as hand held I

IV Same as hand held II

I Dancers start side by side - Moving

away from one another Women's footwork

Step R to R. Close L. R to R. Close L -
R to R Close L - (3 Patterns) Sway to R
with R - sway L with L - Cross R in
front of L with R. (Yemenite step)

Mens footwork
L - to L etc.

Opposite footwork

All repeat pattern I

La Cachucha cont.

II All face forward - Walk 3 steps
W R-L-R - M L-R-L. Face each other
Feet slightly apart - Pivot to face
other direction - assume a sitting position
Repeat - two more Pivots - Then do 3 more
of these patterns - Keep eye contact

III "Horsey" Pattern This time moving
for ward diagonally Kick step - Kick step
then step together step and reverse direction.
Use same foot work to go back to beside
partner - Repeat this pattern.

IV ↙ Pattern. Partners facing each other
○ x Each take a 3 step and turn to
↘

Right - Hold - Continue 3 more time
when you will be back where you started.
now do this pattern to L opposite
foot work -

Repeat entire dance. End second time
with inside arms crossed high

