

Č A M Č E

(CHAMCHE)

SOURCE: Learned in Macedonia by Anatol Joukowsky. Described in "Folk Dances - Vol I" (Narodne Igre - I) by Lj. and D. Janković, published in Beograd, 1934.

RECORD: JUGOTON C-6550 (no introduction).

FORMATION: Open kolo. Dancers face center and join hands with L arm extended diag. L (shoulder height). R arm, elbow bent, is about shoulder height; R forearm (horizontal to floor) is beneath and supporting L arm of next dancer.

*FOLKRAFT
1566 "BOLEN LEŽI
MLAD STOJANE"*

STEPS: All steps are done with plié or bend of knees. M takes longer steps than W. Dance is in 7/8 meter which consists of 2/8, 2/8, 3/8.

MEASURES:

1. Step R in front of L, lift R heel. *slight bounce*
2. Step back on L, lift R high in front. *Bounce*
3. Lift L heel. *hold*
4. Step R to R, cross L behind R. *slight R from floor*
5. Step R to R. *bounce bounce bringing L ft behind*
6. Step L behind R. *raise R around back*
7. Lift R ft behind L *knee call*
8. Step R behind L, close L to R with *slight knee bend*

lean both knees slightly

REPEAT ABOVE PATTERN TO THE END OF THE MUSIC.