

CANADIAN PROGRESSIVE BARN DANCE

Region: This dance is danced throughout Ontario and the rest of Canada. There are slight variations in the dance in each locality where it is found. There are two variations given here to this simple mixer.

Music: Clog in C Major; Rochester Schottische

Record: Ontario Dances! Dancecraft LP 123322 Side 2, Band 2

Formation: Couples arranged in a double circle, W on M's R, facing CCW. Join inside hands.

<u>Measures</u>	<u>Counts</u>	<u>Pattern</u>
1	1 & 2 &	M's L; W's R. move sideways with a step-close, step-close
2	3 & 4 &	Repeat step-close, step-close back to place.
3 - 4	5 - 8	Take social dance position and turn as a couple with 4 walking steps (M - LRLR ; W - RLRL) End in position as at beginning of dance.
5	1 & 2 &	Repeat measure 1.
6	3 & 4 &	Repeat measure 2
7 - 8	13 - 16	Partners join inside hands and M takes 4 small steps in place while at the same time he raises his R hand and allows the W to take her 4 steps passing under the joined hands CCW and moving on to the next M behind.

Repeat dance with a new partner.

VARIATION II Formation changes so that couples are facing; M's back to centre.

1	1 & 2 &	As measure 1 above, move sideways to M's L.
2	3 & 4 &	Step-close, step-close back to place.
3 - 4	5 - 8	Turn as in measure 3 - 4 above. End side by side as in starting position for variation I.
5	9 & 10 &	Move forward, beginning outside foot, 3 steps running and swing the free foot on count 4.

Canadian Progressive Barn Dance (cont'd)

<u>Measures</u>	<u>Counts</u>	<u>Pattern</u>
6	11 & 12 &	Move backwards with 3 small running steps and swing free foot forward on count &.
7	13 & 14 &	Beginning with outside foot, separate from partner with a step-close, step-close moving sideways.
8	15 & 16 &	Repeat step-close, step-close back to circle W goes directly back to place while the M moves diagonally ahead to a new partner.

Repeat dance from the beginning.

Pale Hyde