

CARINOSA (Philippines)

This flirtatious dance using fans and handkerchiefs makes a pleasant exhibition dance. Note that this recording has been made with special retards, to facilitate moving from one figure to another.

OPENING FORMATION: Couples arranged in two long lines, ladies on one side, men on the other. Ladies have fans tucked in their belts, men have kerchiefs in their.

INTRODUCTION: Typical of Philippine dances is the "saludo." This is a turn to own right with 3 walking steps, finishing in a formal bow to partner. Man has hands on hips, lady holds skirt.

CHORUS: Move to own right with 3 short steps—right, left, right. Point left foot forward and hold. Move to own left 3 short steps—left, right, left—point right toe forward and hold. Repeat to right. Now turn to own left with 3 steps—left, right, left—and pause. Repeat the entire sequence of the chorus as given.

During this figure, arms are stretched out to side, about shoulder level, palms upward, arms gently curved, moving flexibly, gracefully with the movement of the body.

FIGURE 1: During retard, each dancer moves forward towards partner—2 slow steps, right, left. Facing partner, point right toe forward. Bring right foot back to place. Point left toe forward. Bring left foot back to place. Continue pointing right and then left toe forward for 6 points. Now change places with partner, passing left shoulders with 4 walking steps, and finish facing partner. Take 2 slow steps to partner during retard and repeat the toe-point step 6 times. Finish by crossing over to original position, passing left shoulders with 4 walking steps, and pause.

Repeat CHORUS.

FIGURE 2: Approach partner as in Figure 1, with 2 slow steps, but finish back-to-back with partner. In this position, alternately point right and left toe forward, looking over right and left shoulders and holding up one finger, then the other, as you look over the shoulder. Change places as in Figure 1 and repeat the steps of Figure 2. Return to original position.

Repeat CHORUS.

FIGURE 3: Take 2 steps towards partner as in Figure 1 and face each other. Ladies open fans. Dancers do the same toe-point steps as in Figure 1, but the lady looks over the fan on the right toe-point and hides face behind fan on the left toe-point. She turns fan from one side to the other on each movement. The man during this time turns his head from side to side trying to see the girl's face.

Repeat CHORUS.

FIGURE 4: Lady moves forward with 2 slow steps and kneels on right knee with her back to partner, as man moves forward to stand behind her. He does not kneel. Lady bends body to right and left, using her fan coquettishly to hide and show her face, as the man bends and leans over the girl trying to capture her interest. He retains hands on hips during figure. The bending is done 6 times. Lady rises, moves back to original place and turns to face partner. Man returns to original place. Repeat the figure, this time with the man moving forward to kneel with his back to lady as the lady leans over him, using her fan flirtatiously. At the end of figure partners return to original places.

Repeat CHORUS.

FIGURE 5: In preparation for this figure the man takes his kerchief and holds it up in front of him by the two upper corners. Dancers meet in center with 2 walking steps as in previous figures; the lady grasps the bottom two corners of the kerchief. Dancers use the same toe-point steps as in Figure 1, but this time moving the kerchief up and down on each toe point. (The lady tries to hide her face, the man tries to catch a glimpse of it.) Since the man is holding the top corners at the start of the figure, the lady will pull her corners up on the first toe-point, then alternate down-up with each toe-point (6 times).

Lady drops corners of kerchief as partners again change places. She resumes hold on kerchief for a repeat of figure. At the end partners return to original places, tuck fans and kerchiefs into belts or hold them in hands.

ALL WALTZ AROUND THE ROOM FOR THE FINALE in ballroom position.

