

# CARINOSA

**Cariñosa** (Spanish pronunciation: [kari'ɲosa], meaning the loving or affectionate one) is a Philippine dance of Spanish colonial era origin from the Maria Clara suite of Philippine folk dances, where the fan and handkerchief plays an instrumental role as it places the couple in romance scenario

## Dance Instructions:

**FORMATION** – Partners facing in 2 lines about 6 feet apart.

## Specifications:

Fan - Girl carries a fan in one hand or waist band.

Handkerchief - tucked at girl's waist or at her wrist – or in man's belt

Kumintang – to the left. (the “kumintang” is performed with the left hand)

Twisting motion of raised hand.

Kumintang – to the right. (the “kumintang” is performed with the right hand).

Twisting motion of raised hand.

## SEQUENCE:

INTRODUCTION

CHORUS

VERSE 1

CHORUS

VERSE 2

CHORUS

VERSE 3

Ending Waltz

ENDING - end with a final bow and curtsy to each other.

INTRODUCTION:

Take a 3 step turn in place to the left, hands on hips, and bow to partner

CHORUS:

1a. Sway balance to right with kumintang.

Step right, left, right, left brush with kumintang with right hand.

1b. Sway balance to left with kumintang..

Step left, right, left, right brush with kumintang with left hand.

1c. Repeat figure 1a to the right. Figure 1d.

Take a 3 step turn in place to the left, hands on hips, and bow to partner.

VERSE 1

Waltz forward toward partner with 2 native waltz steps (R, L), making a half turn to the left, so that partners are back to back with each other.

Step to the right, point left foot and look over the left shoulder at partner.

Step to the left, point right foot and look over the right shoulder.

Repeat this side-to-side action 6 times, alternately to R and L.

Take 3 steps to original position, make a 3 step turn and bow to partner

## VERSE 2.

Waltz forward toward partner as at the beginning of figure 2 , the girl is holding handkerchief at 2 corners. Man takes the remaining corners of the handkerchief with both hands and holding it between them in front of their faces, inverts it up and down 4 times, the man lifting his end first (attempting to see the girl's face). Step to R and point L (then step to L and point R ) with each waiver of the handkerchief. After 4 attempts to see the girl's face. Return to places with a 3 step turn and bow. Repeat Figure 4.

## VERSE 3.

Waltz forward as before. Girl kneels on R knee, while man takes 3 steps around girl, turns to stand behind girl. Girl holds fan to shield face from man's view, alternately to left then right , while man sways to R and L.

Girl stands up and both move back to their original place.

The action is repeated with the man kneeling and girl fanning him.

Man stands up and both move back to their original place.

Ending Waltz – Girl turns away from man and dances around hall with waltz steps and holds handkerchief by one corner at her shoulder allowing handkerchief to dangle behind her for the man chasing it. Halfway through the final music, the man takes the handkerchief by other corner and girl lets it go. The dancing continues with the man holding the handkerchief at his shoulder letting it dangle behind him for the girl to try to catch. They continue to dance until the music ends and the couple turns to each other and bows.