ČETVORKA - Macedonia (Eastern) (Line dance, no ptrs)

TRANSLT:

In Fours.

OTHER VARIATIONS POSSIBLE

RECORD: Folkraft 1555x45 -- calgija. 2/4 meter STARTING POSITION: "V" pos. R ft free.

	MEAS.	PATTERN VARIATION I
(.		Introduction (NO ACTION) OR ELIMINATE INTRO & HAVE ONE INTRODUCE THE INT
1	8	Facing R LOD, moving LOD, dance two Lift-Step-Steps.
	1-2	Facing R LOD, moving LOD, dance two Lift-Step-Steps. Three small running steps, R,L,R (cts 1, 8, 2). By one Doing
1. 10	3	Three small running steps, L,R,L (cts 1, 8, 2).
*	4	
	5-8	Repeat meas 1-4.
1	9-16	Turn to face LOD, move in LOD, repeat meas 1-8.
	17-24	Repeat action of meas 1-8.
		VARIATION II
		Facing slightly R of ctr, wt on L and knees bent, place R heel
	1	in LOD (ct 1), lower ball of R ft and take wt (ct 2) L ft starts
		through). Three quick running steps in LOD, L.R.L (cts 1,8,2). HANDS
244	2	THE COLOR TOWNERS COOPS AT
	3-4	Repeat action of meas 1-2.
	5	Turning to face ctr, hop on I, raise hands and bring R knee high,
		as R begins movement across L (ct 1). Step R across in front of
		L (strong step) (ct 2).
	6	Step diag bkwd to L with L ft (ct 1), lowering hands. Step slightly
		diag blood to R with R (ct 2).
	7 Tiny Hope	Touch L heel slightly fwd, raise hands (ct 1). Hold (ct 2). Three quick, light steps in place, raising knees slightly, L,R,L; hands dn (cts 1 & 2)
	8	Three quick, light steps in place, raising wees slightly, bining
	9-32	Repeat action of Variation II, meas 1-8, three more times.
		HARTARTON TIT
		Repeat action of meas 1-2, Variation II. Haves High leap in LOD onto R (ct 1). Long step diag L into ctr with L
, e	1-2	Repeat action of meas 1-2, variation in
	3	
12/4		ft (ct 2). NAJOS DN
*	4	Step R across in front of LA(ct 1). Step diag bkwd on Lact 2).
	5	Leap on R next to L, lift L knee, L ft across shin of R leg, ft
		relaxed, raise hands (ct 1). Hold (ct 2).
	6	Step in place, L,R,L, lower hands (cts 1,8,2).
	7-8	Repeat action of meas 5-6
430	9-32	Repeat action of Variation III, meas 1-8, three more times.
		THE CANADA THE
		VARIATION IV
200	1-2	Repeat action of meas 1-2, Variation II.
	3-4	Repeat action of meas 5-6, Variation II.
	5	Three quick, small steps moving R LOD, facing ctr, L, R in back,
		L (cts 1,8,2).
	6-7	Percet action of meas 5-6. Variation II.
7. 1	8	bring t back to P and lower heels times taking we on i on
4		third bounce bringing R ft up beside I ready to repeat Variation
1		TU
	9-32	Repeat action of Variation IV, meas 1-8, three more times.
De la c		/ NV /

Presented by Atanas Kolarovski

Četvoska (Conta)

<u> </u>	/AR I		
(can can	TING HANDS & RE-TI	AKING HANDS STEEL
AND S	HOP, HOP, STEP FWD	r on) /	STEP FWD;
UP)	(HANDS UP) L R	Bird),	
kre:	(HANDE DN) (HANDE DN) (HANDE DN) (HANDE DN)	5	
DN UP	(HANDE DN) WENTER (HANDE IN HIGH "A" POS)	to not meet a fut 1); see in fromt of 14(ct 1); see in fromt of 14(ct 1); see in fromt of 1). Holical and for 1). Holical and for 1).	High leap fit (ct 2) fit (ct

RPT VARIT TO GUD OF MUSIC

speat action of meas 5-6, Variation II.