

Chastusky (Russia)

notes by Andrew Carnie (August 2001)

Individuals in a circle, start facing LOD (R)

Start with singing

INTRO STEP (facing and travelling in LOD)

1	2	3	4	5	&	6
R	L	R	L	R	L	R
↑	↑	↑	↑	↑	↗(behind)	↑
palms down R	L	R	L	circle hands to R		

Bar 2, repeat opposite footwork, still travelling LOD

repeat 1-2, 5 more times

STEP 1: OUT AND IN WITH TURNS

bar 1

1	2	3	4	5	&	6
R	L	R	L	R	L	R
→	↗	turn CW		→	●	●
Hands R	Hnds to L			hands to R		

bar 2 repeat bar 1 opposite footwork and direction

3-4 repeat 1-2

STEP 2: COME TO ME BABY

facing center (In I-dance performance version – face out!)

bar 1 facing and travelling to center

1	2	3	4	5		6
R	L	R	L	R		hop on R
↑	↑	↑	↑	↑		turn over R shoulder to face out
hands start near chest, then expand out to sides. Down on hips on count 6						

Bar 2, repeat with opposite footwork going out

Cont...

Bars 3-4 repeat bars 1-2

STEP 3: LEAPS

facing and travelling LOD

Bar 1

1	2	3	&	4	5	&	6
Leap R	Leap L	R	L	R	L	R	L
↑	↑	↑	↑	↑	↑	↑	↑
hand out	hands in	hands on hips					

bar 2 repeat bar 1 opp ftwork still travelling LOD

bar 3-4 repeat bars 1-2

STEP 4: RANDOM STEP

facing and travelling LOD to start

Bar 1

1	2	3	4	5	6
R	L	rock on R	Rock on L	Rock on R	Rock on L
↑	↑	↑	↓	↑	↓
hands to R	hands to L	hands to R	hands to L	hands to R	hands to l

Bar 2 turn to face center

1	2	3	4	5	6
R	L	brush R	Brush R	R	L
→(LOD)	↘	across shin forward	back	●	●
hands on hip					

bars 3-4 repeat 1-2

bar 5

1	&	2	&	3	&	4	&	5	&	6
R	stmp L	L	stp R	R	stp L	L	stp R	R	stp L	L
●	●	●	●	●	●	●	●	●	●	●

bar 6

1	&	2	&	3	&	4	&	5	&	6	&
Scuff R	hop L	stmp R	step R	scuff L	hop R	stmp L	step L	scuff R	hop L	smp R	step R
●	●	●	●	●	●	●	●	●	●	●	●

Cont...

bar 7 "reels"

1	&	2	&	3	&	4	&	5	&	6	&
L	hop	R	hop	L	hop	R	hop	L	hop	R	hop
●	●	↓	●	↓	●	↓	●	↓	●	↓	●

bar 8 "pas de bas"

1	&	2	3	&	4	5	&	6
L	R	L	R	L	R	L	R	L
←	↖	↓	→	↗	↓	←	↖	↓

Leap and present R heel.

I -dance version only does bar 1 eight times.