

CHERISH THE LADIES

(Ireland)

Cherish the Ladies is a couple dance that was taught by Maureen Hall at the 1976 Marin Institute in Mill Valley. It is a "set" dance, which means that the dance was composed to a particular tune. Mrs. Hall, originally from Ireland, has been in Irish dancing for many years. She is an examiner, an adjudicator and a teacher of Irish dancing.

MUSIC: Record: The Chieftains 4: S 2, B 4 6/8 meter (single jig).

FORMATION: Cpls in closed pos at random on the floor, M with back to ctr of the room.

STEPS and
STYLING: Walk*, "Threes": Leap onto L (ct 1); step on R (ct 3); step on L (ct 4). Step alternates.
Buzz Step: Step fwd on R, bending knee (ct 1); step on ball of L ft near R heel, straightening knee (ct 3); repeat exactly (cts 4, 6).
NOTE: All Irish dance steps are done on the balls of the feet, in a relaxed, easy manner.
Described for M, W does opp ftwk unless otherwise indicated.

*Described in volumes of Folk Dances From Near and Far, published by the Folk Dance Federation of California, Inc.

MUSIC 6/8

PATTERN

Measures

1-8 INTRODUCTION

I. TRAVEL IN LOD (CCW)

- 1 Step fwd to L on L (ct 1); step R beside L (ct 4).
2 Beg L, dance one "three" in place.
3-4 Beg R, dance two "threes" turning 1/2 CW to finish with M facing ctr. (Cpl may turn 1 1/2 by starting turn on meas 2).
5-8 Beg R to repeat action of meas 1-4 with opp ftwk. Turn CW and move in LOD.
9-16 Repeat action of meas 1-6.

II. TURN ACROSS

Ptrs side by side facing LOD, W to M R, nearer arm (MR-WL) around ptr waist, M arm on top. Outside hand (ML-WR) free at side.

- 1-2 Walk in LOD, L (ct 1), R (ct 4); L (ct 1), stamp R, L (cts 3, 4).
3-4 Beg R and continue in LOD: With 2 "threes" M turn once CW across in front of W to finish at her R side, facing LOD, M L arm, W R arm around ptr waist.
5-6 Repeat action of meas 1-2 (Fig II) with opp ftwk.
7-8 Repeat action of meas 3-4 (Fig II) with opp ftwk, as W turns once CW across in front of M to finish at his R side.
9-16 Repeat action of meas 1-8 (Fig II). At end, M free R ft.

III. BUZZ TURN

Face ptr. Join R hands, raised in front, elbows bent. With L hand hold ptr R elbow.

- 1-8 BOTH beg R, dance 16 buzz steps turning CW on the spot.

IV. TURNING CW, PROGRESSING LOD

1-8 Take closed pos. Beg ML-MR, dance 8 "threes" turning CW and progressing LOD (CCW).

Repeat dance from the beginning!