

Presented by Atanas Kolarovski

CIGANSKO POVRATENO  
Macedonia

Cigansko Povrateno means gypsy returning dance. Povrateno is a type of Macedonian dance which first moves to the R and then returns to the L with similar footwork, but with different styling. Cigansko are the gypsies who learned this dance from the Macedonians as they traveled from village to village. The gypsies adopted it as a gypsy dance, but with their special style of movement and music. Today it is danced in about 20 villages in the vicinity of Skopje for "Slavos" (holiday) such as weddings, birthdays, and church celebrations. The music is in 2/4 time with gypsy rhythm and melody probable of oriental origin.

## PRONUNCIATION:

RECORD: ΔK-007

FORMATION: Hands hold above shldrs with elbows pointed down.

No set sequence for the dance - change indicated by leader.

METER: 4/4

PATTERN

Meas.

INTRODUCTION: 4 MEAS NO ACTIONFIG. I: (10X)

- 1 Facing and moving in LOD, step R, L, R, L (cts 1-4). *R barely knee, lifting L in back Rpt opp ftwk*
- 2 Step R fwd (ct 1), step L fwd (ct 2), lift body (skip on L fwd (ct 4)), step on both with R in front of L - knees bent (ct 3), step on L, replacing R (ct 4), step R fwd (ct &).
- 3 Facing ctr, step L fwd (toe points to L), with knees bent (ct 1), lift R fwd (ct 2), face RLOD and step R fwd (ct 3), lift L fwd (ct 4).
- 4 Facing ctr, step L diag bkwd L (ct 1), facing LOD, step R diag bkwd R (ct 2), facing LOD, step L, R, L (cts 3, 4, &).

FIG. III: (10X) (Triple steps)

- 1 Facing and moving in LOD, step R fwd (ct 1), step L fwd, replacing R (ct 2), step R fwd, quickly (ct &), repeat cts 1, 2, & (cts 3, 4, &).
- 2 Repeat Fig. I, meas 2.
- 3 Moving twd ctr, step L across R with bent knees (ct 1), bounce twice (cts 2, &), repeat cts 1, 2, & with opp ftwk (cts 3, 4, &).
- 4 Step diag bkwd L to L (ct 1), step diag bkwd R to R (ct 2), place L twd ctr next to R (ct 3), knees sway L, R (cts &, 4), step L in place (ct &).