

CIGANSKO POVRATENO

Cigansko Povrateno means gypsy returning dance. Povrateno is a type of Macedonian dance which first moves to the right and then returns to the left with similar footwork but with different styling. Cigansko are the gypsies who learned this dance from the Macedonians as they travelled from village to village. The gypsies adopted it as a gypsy dance with their special style of movement and music. Today it is danced in about 20 villages in the vicinity of Skopje for "Slovo" (holiday) such as weddings, birthdays, and church celebrations. The music is in 2/4 time with a gypsy rhythm and melody probably of Oriental origin.

by Atanas Kolarovski

Formation: Hands held above shoulders with elbows pointed down. No set sequence for the dance - change indicated by leader.

Introduction: 2 measures - drum

Part A:

- 1- Facing R and moving in LOD, step R
- 2- Lift L
- 3- Step L
- 4- Lift R

- 1- Step R
- 2- Step L, Lift body (skip) on L foot
- 3- Step on both with R in front of L -knees bent
- 4- Step L - replacing R foot, Step R

- 1- Facing ctr, step L into ctr with foot pointing to the L - knees bent
- 2- Lift R
- 3- Facing L, step R in RLOD
- 4- Lift L

- 1- Facing ctr, step L diagonally back to L
- 2- Facing R, step R diagonally back to R
- 3- Step L in LOD
- 4- Step R, Step L

Part B:

Triple steps in LOD facing R

- 1- Step R
- 2- Step L, replacing R foot, Step R quickly
- 3- Step L
- 4- Step R, replacing L foot, Step L quickly

- 1- Step R
- 2- Step L, Lift body (skip) on L foot
- 3- Step on both with R in front of L -knees bent
- 4- Step L, replacing R foot, Step R

- 1- Facing ctr, step L into ctr crossing in front of R foot - knees bent
- 2- bounce, bounce
- 3- Step R, crossing in front of L - knees bent
- 4- bounce, bounce

- 1- Step L diagonally back to L
- 2- Step R diagonally back to R
- 3- Place L foot towards ctr next to R foot, sway knees to L
- 4- Sway knees to R, Step L in place

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