

CONTRAS, New England States, America

Many records. Best is probably "Glisé a Sherbrooke", Folk Dancer MH45-10073. Couples in longways formation. In these dances couples 1,3,5,7, etc. change places with partner and are the ACTIVE couples. UP is toward the music; DOWN is away (same for the terms HEAD and FOOT).

<u>Johnson's Special</u>	<u>Steps</u>
Active couples walk down the outside of the set	8
Same way back to their place	8
Down the center four in line (active cpl and the cpl below them)	8
Turn alone and come on back	8
Ladies chain across and back	16
Same two couples circle L	8
Circle R, the other way back (Make sure you end <u>across</u> from partner)	8

The actives move toward the foot of the set, inactives are moving up to the head. At the head or foot, stand once through the dance, cross over (change places with partner) and join next time.

All the Way to Galway (Try this with the Irish "Two-Hand Reel", National 4515A)

Actives go down the center with partners	8
(Cut through to outside) Come up the outside, back to place	8
Actives Do-Sa-Do with partner	8
Do-Sa-Do with the one below	8
Balance (two step-swings) and swing the one below (Put her on your R side when swing is finished)	16
Promenade across (M pass L shoulders) Turn & face in	8
Right and left through back home	8

Maple Leaf Jig

Actives DO-SA-DO with partners	8
Allemande L with the one below	8
Down the center 4 in line (active cpl in the middle)	8
Turn alone, come back to place	8
Same two couples circle L	8
Circle R the other way back	8
Same two ladies chain across	8
Chain back home	8

Queen's Favorite

Actives balance and swing the one below	16
Actives down the center with own partner	8
Come up the outside, back to place	8
Two couples Grand R and L (start RH to one you did the balance and swing with; M move CCW, W move CW)	16
Take that lady and promenade across	8
Right and left through back to place	8

Siesta Reel -

Actives DO-Sa-DO with partner	8
Swing with the one below (no balance "short swing")	8
Same lady promenade across	8
Ladies chain across (not back)	8
Same couples R and L through	8
Ladies chain back	8
Same couples circle L, once around	8
LH star back to place.	8