

Contras ~ USA/New England

Cpls in Longways formation, M in one line (L shoulder to music), W in the other, facing ptrn. Couples #1,3,5, etc. are ACTIVE couples. Actives change places with ptrn before dance starts.

RULES OF THE ROAD

- A. UP is toward the music. That's the HEAD of the line. DOWN is away from the music, toward the FOOT of the line.
- B. Actives are always moving toward the foot, inactives toward the head. When the end is reached, usually wait once through the dance, then cross over (and change from active to inactive, or the reverse).
- C. Balance: a normal step-swing, step-swing.
- D. Swing: a normal buzz swing, usually long. M put W on his R side at the end of the swing.
- E. Any regular 32-bar contra record will do for any of these dances.

BROKEN SIXPENCE

(Don Armstrong)

	STEPS
Actives do-sa-do the one below.	8
2 Men do-sa-do	8
2 Ladies do-sa-do	8
Actives swing ptrn in the cntr (short)	8
Down the center, 4 in line (actives + cpl below)	8
Turn alone, come back to place	8
Bend the line to a circle; circle L	8
LH Star back to place (on own side, across from ptrn, actives down one place)	8

THE KING'S FAVORITE

(Ned Gault)

Actives balance & swing the one below	16
Join H's in 2 long lines, go fwd & back	8
All do-sa-do ptrn	8
Slow square thru, 4 hands	
(R,L,R,L*; start w/ ptrn; 4 steps each person)	16
Half-promenade across	
(w/ W whose LH you're holding *)	8
R & L Thru back home	8

SILVER ANNIVERSARY CONTRA

(Ned Gault)

Actives walk down the inside	8
Turn alone, come back (stop between cpl below),	
Cast Off	8
All do-sa-do with ptrn	8
Actives do-sa do with the one below	8
Balance & Swing with the same one below	16
Same 4 circle L	8
LH Star to place (own side, across from ptrn)	8
Note: double progression dance. Ends cross over immediately.	