

1963 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Madelynne Greene

COPEO DE LA MONTAGNA
(Mallorca, Spain)
A couple dance

SOURCE: As taught to Madelynne Greene in Mallorca, 1962, by Luciano Espases Garau, Leader of Ethnic dance group. This is the way his group performs the dance. (May also be danced as a duet by one couple).

RECORD:

FORMATION: Partners face each other in lines, men on one side, women on the other. They stand a little to the R of own partners (not directly opposite), if possible leave an arm's length between people on either side of you. Hands on waist to begin. Feet in 3rd position. (R heel at instep of R ft.)

MUSIC: 3/4

Meas.

1-2 Introduction. 2 meas. (4 chords) count 1-2-3 (raise arms to an open circle position over head on 2-3)

A I. ** Jota Step or Copeo Step - done to 2 meas. of music.

1. Count 1-2 - feet as above, bend knees slightly in preparation to spring

2. " 3 - kick R ft. out (hop on L)
1 - R ft. behind L (travel twds. L)
2 - L to side
3 - Step R to L side crossing over L (cts. 1-2-3 in meas. 2 are a "grapevine step")

3-4 Repeat Copeo step starting with L ft. and traveling to own R. Arms: Close into a circle over head and the head turns to look up twds R forearm on cts. 1-2-3. On meas. 2 1-2-3 the hands part to original open circle overhead.

NOTE: What we call a "jota" step, the dancers in Mallorca refer to as the "Copeo" step.

In this Copeo, unlike the Jota from Aragon the body leans away slightly from the kicking ft. This slants the body a little and gives the dance its distinct style.

5-16 Continue as above doing 8 "Jotas" in all.

B II. Scissors Kicks - Hands on waist - fingers in front of waist, thumbs in back.

1 Spring onto both feet on ct. 1-2; on ct. 3 kick R fwd. hopping on L in beginning a "scissor kick" sequence.

2 a 1,2,3 kick L-R-L

3 a 1,2,3 kick R-L-R

4 Count 1 spring onto both feet bending knees and making 1/4 turn to L (R shoulder twds. partner) holding this pos. for count 2. On count 3, hop on L and bring Rt. ft. around behind you (knee bent)

Confirmed...

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- make a complete turn to R to again face partner.
- 5 As you continue to do the scissor kick thrusting the L ft. fwd on
ct. 1-2-3 L-R-L
- 6 ct. 1-2-3 R-L-R
- 7 ct. 1-2-3 L-R-L
- 8 ct. 1 turn a 1/4 turn to R (L shoulder twds partner) (same pos. as
meas 4 above but facing to R) hold for ct. 2, swing L ft around
behind you and turn L - hopping on R ft. count 3.
- 9-12 Repeat 1 2 3 4
- 13-16 Repeat 5 6 7 8

C III.WALTZ

- 1-7 Beginning with R ft. dance 8 waltzes, long steps, covering space,
arms in open circle over head, body swaying slightly twds. accenting
ft. in each meas. Partners dance fwd. in a round pattern circling
CCW over to partner's side and continue to own place.
- 8 Spring onto both feet (to stop) ct. 1-2 and on ct. 3 lift L ft.
hopping on R.
- 9-16 Reverse direction (half turn L) and retrace your own circle
(partners moving in a CW direction beginning waltz on L ft.
- 17 At the end of this phrase there is time for a quick turn to the R
on the spot. Preparing the feet in anticipation of the next step.

A IV.Double Copeo Step

- 1-16 Dance the Copeo step again as in A but do two kick steps to R side
then continue with "grapevine" step then two kicks to L side then
"grapevine" etc, etc, arms close and open twice with the double
kicks. There will be 5 sequences in all.

B V.Copeo Towards Partner and Away

- With R shoulders twds partner - L hand high over head and R curved
in front of body begin a Copeo step with R ft. make a half turn to
R and travel outward from partner on three steps (R-L-R).
- 1
- 2
- 3-4 With back to partner, repeat Copeo step with L ft. reversing arms
making a half turn to L and travel twds partner on three steps
(L-R-L).
- 5-16 Continue as in 1-4 (try to keep lines straight).

C VI.WALTZ

- 1-16 Repeat figure III.

A VII.Copeo Spinning on Spot

- 1-2 Face partner, R arm curved in front, L high. Dance copeo step and
turn swiftly to R on what was the "grapevine" steps accomodating
the steps into a turn clockwise on the spot.
- 3-4 Reverse ftwk. and arms of measures 1-2.
- 5-16 Continue spinning R and L, 8 in all.

B VIII.Scissor Kicks Moving Forward

- 1-4 Repeat ftwk. of Fig. II. but travel fwd. passing partner by L
shoulder (ending almost into partner's place) then,
back up (continuing the scissors step passing ptr. (by L shoulder)
only slightly and then move up to partner as music ends abruptly the
M drops to L knee, his L hand on waist, R arms curved high. The

Continued...

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girl ends with L ft. pointed twds. partner, L hand on hip and R arm curved high. She looks down at the M, he looks up at her.

ERRATA:

COPEO DE LA MONTAGNA

Record: Express - "Copeo de la Muntanya

Formation, line 5: Change to read: (R heel at instep of L ft.)

Fig. II, meas 9-16. Delete all and substitute the following:

Meas 9-11 Repeat 9 scissors kicks, beginning by extending R.

Meas 12-15 Repeat action meas 4-7 (Fig. II).

Meas 16 Jump onto both ft and hold, facing ptr in original position at beginning of dance.