## FOUR HAND REEL (Cor Ceathrair)

Record: Capitol, "My Ireland" L.P. Band 3 or 6, Side I.

Formation: B. A. (Leading couple) A and C are men, B and D are women.

1. Lead Around

M takes W's LH in his RH, shoulder height. Dancers move around CCW (using promenade step) in a circle for 8 meas; release Hs, turn about inwards, M takes W's RH in his LH and lead bk CW to place (8 meas).

## 2. The Body (consists of 5 movements)

a. The Square M sidestep a square CCW while W sidestep a square CW, using (7) to move along side of square and 2 threes to turn. Thus A moves into B's pos, then to C's and D's and back to his own pos. B moves to pos A to D to C and back into pos. W passes in front on each occasion. (16 meas).

b. Four Sevens

M sidestep 7 to R, W 7 to L, W passing in front of M (2 meas). M sidestep bk to place passing in front of W, W sidestep bk into place also (2 meas). Note: no 3's between 7's.

Repeat b. (4 meas).

c. Star:

All four give RH across ctr, shoulder height, move CW in promenade step (4 meas). Move back - LH across (4 meas). M holds M's H, W join Hs, W's Hs underneath for star.

d. Bridge Leading

Leading couple (B, A) face, join RH and sidestep to C and D pos, while C and D sidestep passing outside A and B into A and B's pos (2 meas). Using 2 threes, C and D also join RH, both couples make one 1/2 turn in place. A and B drop Hs and sidestep outside C and D back into place, joining Hs and making 1/2 turn for 2 threes. C and D with joined Hs sidestep dn ctr bk to original pos (4 meas).

e. Four Hand Reel Chain (Circular chain)

M gives RH to opposite W, move fwd, meet ptr with LH, opposite W with RH and ptr again with LH to finish in pos (8 meas). Promenade step throughout.

Leading couple advance (2 meas), release Hs. W passes between opposite cpl, around CCW between them again, then around W CW (6 meas). Meanwhile, her ptr takes 2 threes in place, then 7 to R, then 2 threes into place so that his ptr is on his R, opposite W on his L. (6 meas). Leading M and two W join Hs and sidestep in circle to R, 2 threes, back to L; leading couple raise Hs and opposite W passes under their raised Hs into leading W original pos (4 meas). All do 2 threes as she moves. Opposite M has been sidestepping to R and back (4 meas). Leading cpl now include opposite M in circle, sidestepping to L, 2 threes, back to R, pass M under raised Hs to meet ptr, who has been sidestepping to L and back, both couples join crossed Hs and dance back to

continued ...

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place CW (8 meas). (Rotating promenade step).

Opposite couple now perform the figure (#3 above).

Repeat the body of the dance (#2).

- 4. Second Figure (Ladies Chain):
  Ladies advance, give RH in ctr, continue to opposite M, give LH to him
  (2 meas), make one turn (2 meas), return to own ptrs (2 meas), join
  RH and make one turn in place (2 meas). Both couples join crossed
  Hs and dance complete circle around each other and back into pos
  moving CCW, rotating CW (8 meas).
  Repeat body of dance (#2).
- 5. Lead Around: as at beginning (#1)

-- presented by Una O'Farrell