

CSÁRDÁS *Hungary*  
(Freestyle)

Source: Traditionally known as slow and quick csárdás, it is also danced in many styles depending upon its ethnic region. Described here are several steps suggested by Alice Reisz to be done free style.

Record: Extensive choice available: Paprikas PW 47-A is appealing.

Formation: As many cples as will; pos is invariably shoulder-waist pos, the M holding the W well around the torso.

I. Slow Csárdás Steps:

a. One step csardas

M steps fwd R, touches with L; then steps fwd L, touches with R. W dances the counterpart. A vibrating knee action accompanies each step and there is a slight sway in the direction of the movement. The basic "vibration" can be achieved by forcibly extending a relaxed knee on each step. The dancers have a tall, proud bearing.

b. Two step csárdás

M steps R ft to R disc, (ct 1); close L ft to R (ct &); step R again to R, (ct 2); close L ft to R without changing wt, (ct &). W dances the counterpart. Reverse, beginning to L side. Continue alternately. The vibrating action is present on each step.

c. Promenade turn

Retaining the same dance pos as above, circle with ptr 8 steps in one direction and 8 steps in reverse. M may also lead ptr into bkwd turn CW or CCW by shifting her from one side to the other.

II. Quick Csárdás Steps:

a. Trembling step

Taking one step each beat, the M may lead the W (1) in place (2) one-step csardas (3) two-step csardas.

b. Cut Step

With slight preparatory step, the M frees his R leg to R side (W frees the L leg) and displaces the L ft with a cut step, (ct 1); two quick steps in place LR, (ct & 2); reverse to opposite side; continue alternately).

c. Chug Step

Feet together M and W each "chug" to their own R and then L. The step resembles a closed ft jump to either side and a bkwd pull to pos.

d. Couple Turn

(1) Buzz style: The turn is similar to our "swing your partner" turn but can be done to either R or L direction. The beat is taken on the inside ft.  
(2) Hop-step-step: Partners facing, one hand around each other's waist, other high, weight on inside ft; hop on inside ft, bringing outside ft up and in direction of turn, follow with 2 quick steps. The hop is always on the inside foot.

the above described steps may be danced in any sequence.

Trembling Step Rezgö

Cut Step Kis Harang

Chug Step Dobban lö

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