

- 2 ✓ CUKCE on L in place
 & Step onto R to R
3 Leap forward onto L
4 CUKCE on L in place
 & Step on forward (LOD) onto R
- 5 1 Leap forward onto L foot
 2 CUKCE on L
 & Step forward onto R
 3 Turning to cace center, Leap slightly forward onto L foot
 4 Step back to place onto R

STEP 3 - High Lifts

- 1 1 Hop on R with L leg lifted high in front
 2 Hop on R with L lifted high in front
 & Step onto L in place
 3 Step on R in place
 4 Leap to L in place, lifting R leg High in front

2 REPEAT meas 1 with opposite footwork

- 3 1-3 REPEAT meas 1, counts 1-3
 4, & Two quick steps L, R in place

4,5 REPEAT meas 4 & 5 of Step 2

STEP 4 - Basic Fast Step

- 1 1 Leap to R in place (this is a high leap with the body)
 2 Hop on R in place swinging L slightly in front of R shin
 & Step onto L in place
 3 Step on R in place
 4, & Two quick steps L, R in place

2 REPEAT meas 1 with opposite footwork

3 REPEAT meas 1

4 REPEAT meas 4 of Step 2

- 5 1 Leap forward onto L foot
 2 CUKCE on L
 & Step forward onto R
 3 Turning to cace center, Leap slightly forward onto L foot
 4 Turning to face center, Step sideward R onto R foot
 & Quick Step on L behind R

STEP 5 - Leaps (men only) (Replaces 2 Fast Basic steps)

1-4 REPEAT meas 1-4, Step 4, dropping shoulder hold on meas 4

- 5 1 Facing slightly and moving R (LOD), Leap to L
 2 Step deliberately forward (LOD) onto R
 3 Squat in place with weight on both feet
 4 Rise up from squat with weight on L

- 6 1 Leap high to R foot, swinging R leg out in front and,
 bringing L foot up under body
 2 Step deliberately onto L
 3 Squat in place with weight on both feet
 4 Rise up from squat with weight on L

continued...

7-8 REPEAT meas 6 two more times (4 Squats and 3 Leaps total)

9-10 REPEAT meas 4-5, Step 4 (Travelling LOD with a transition to the in-place step)

STEP 6 - Squats and Turns (men only)

As Step 5 above except Meas 5 Ct 4, and Meas 6:

1-4 REPEAT meas 1-4, Step 4, dropping shoulder hold

5 1 Facing slightly and moving R (LOD), Leap to L
 2 Step deliberately forward (LOD) onto R
 3 Squat in place with weight on both feet
 4 Rise up from squat with weight on BOTH feet, shoulder width apart

6 1 Jump up, turning one complete Turn L in place (counter-clockwise) landing on both feet on the count
 2 Pause
 3 Squat in place with weight on both feet
 4 Rise up from squat with weight on BOTH Feet

7-8 REPEAT meas 6 two more times turning R then L (4 Squats and 3 Turns total)

9-10 REPEAT meas 4-5, Step 4 (Travelling LOD with a transition to the in-place step)

NOTE: Steps 5 and 6 are not usually done consecutively. Step 4 (the basic fast step) should be done at least once between the men's show-off steps. The men can, at the leader's option, rejoin shoulder hold while doing the basic fast step if the basic step is to be done several times.

If the line is not segregated at the beginning of the dance, the men should separate from the women and move into the center when Step 5 or Step 6 is first called. The men do not usually rejoin the women. The women should continue to do the basic fast step while the men are doing the leap or squat steps.

Dance Description by Tom Deering

Presented by Tom Deering