CUCUK Skopje, Macedonia

rce: As learned by Thomas Deering from Atanas Kolarovski over

the years and Pece Atanasovski at his Macedonian Folkdance Institute, Otesevo, Macedonia, July 1976.

Rhythm: 9/16 counted: Quick, Quick, Quick, Slow

1 2 3 4
Sometimes: 1 2 & 3 4 & a
2/16 2/16 2/16 3/16

Recording: Folkraft LP-15 (Zurla and Tapan)

Jugoton LSY 61392 (Pece Atanasovski Orchestra)

RTB EP 14-719 (Folk Orchestra) RTB EP 14-714 (zurla and Tapan)

Formation: Originally separate circles of men and women, men in the

center holding shoulders, women on the outside in holding

hands in "W" position.

Steps: CUKCE: ("CHOOK-chay") Lift the heel of the supporting foot

slightly before the beat, bringing it down on the beat -

think "ah" when counting it in the dance.

Note: when a lift is involved, usually the lifted leg is

already up and in place when the cukce is executed.

Note: Transitions between steps often take place before the end of the step, usually by incorporating the last measure of

the next step.

lifted low

as Ct STEP 1 - Beginning, Warm-up, or Introduction Step

1 Facing center with weight on R, small CUKCE on R, with L

2,3,4 Three small steps in place L, R, L

REPEAT meas 1 with opposite footwork

REPEAT meas 1

1 Small CUKCE on L in place, lifting R low

2,3,4 Facing slightly and moving R, three walking steps R, L, R

1,2 Continue with two walking steps L, R

3 Turning to face center, Step L slightly to center

4 Step back to place onto R

STEP 2 - Slow Basic Step

- 1 1 Hop on R lifting L leg in front
 - 2 CUKCE on R
 - & Step onto L in place
 - 3 Step on R slightly forward
 - 4 Step on L in place
- 2 REPEAT meas 1 with opposite footwork
- REPEAT meas 1
- 4 1 Facing slightly and moving R, Hop on L lifting R leg

Continued ...

CUKČE on L in place 2 Step onto R to R 3 Leap forward onto L CUKCE on L in place Step on forward (LOD) onto R 1 Leap forward onto L foot 2 CUKCE on L Step forward onto R & 3 Turning to cace center, Leap slightly forward onto L foot Step back to place onto R STEP 3 - High Lifts Hop on R with L leg lifted high in front 1 Hop on R with L lifted high in front 2 Step onto L in place 3 Step on R in place Leap to L in place, lifting R leg High in front REPEAT meas 1 with opposite footwork REPEAT meas 1, counts 1-3 4, & Two quick steps L, R in place 4,5 REPEAT meas 4 & 5 of Step 2 STEP 4 - Basic Fast Step _____ Leap to R in place (this is a high leap with the body) Hop on R in place swinging L slightly in front of R shin 2 Step onto L in place Step on R in place 3 4, & Two quick steps L, R in place REPEAT meas 1 with opposite footwork REPEAT meas 1 REPEAT meas 4 of Step 2 1 Leap forward onto L foot 2 CUKCE on L Step forward onto R 3 Turning to cace center, Leap slightly forward onto L foot Turning to face center, Step sideward R onto R foot 4 Quick Step on L behind R STEP 5 - Leaps (men only) (Replaces 2 Fast Basic steps) _____ 1 - 4REPEAT meas 1-4, Step 4, dropping shoulder hold on meas 4 Facing slightly and moving R (LOD), Leap to L 1 Step deliberately forward (LOD) onto R 2 3 Squat in place with weight on both feet Rise up from squat with weight on L 4 Leap high to R foot, swinging R leg out in front and, 1 bringing L foot up under body 2 Step deliberately onto L Squat in place with weight on both feet 3 Rise up from squat with weight on L

continued ...

7-8 REPEAT meas 6 two more times (4 Squats and 3 Leaps total) REPEAT meas 4-5, Step 4 (Travelling LOD with a transition 9-10 to the in-place step) STEP 6 - Squats and Turns (men only) As Step 5 above except Meas 5 Ct 4, and Meas 6: REPEAT meas 1-4, Step 4, dropping shoulder hold 1 - 41 Facing slightly and moving R (LOD), Leap to L Step deliberately forward (LOD) onto R 2 Squat in place with weight on both feet 3 Rise up from squat with weight on BOTH feet, shoulder 4 width apart Jump up, turning one complete Turn L in place (counter-1 clockwise) landing on both feet on the count 2 Pause Squat in place with weight on both feet 3 Rise up from squat with weight on BOTH Feet 7-8 REPEAT meas 6 two more times turning R then L (4 Squats and 3 Turns total)

NOTE: Steps 5 and 6 are not usually done consecutively. Step 4
(the basic fast step) should be done at leaset once between
the men's show-off steps. The men can, at the leader's option,
rejoin shoulder hold whild doing the basic fast step if the
basic step is to be done several times.

to the in-place step)

If the line is not segregated at the beginning of the dance, the men should separate from the women and move into the center when Step 5 or Step 6 is first called. The men do not usually rejoin the women. The women should continue to do the basic fast step while the men are doing the leap or squat steps.

REPEAT meas 4-5, Step 4 (Travelling LOD with a transition

Dance Description by Tom Deering

Presented by Tom Deering

9-10