Čukanoto

(Bulgaria)

A slow Bulgarian pravo, arranged for this music. The name derives from the Bulgarian word for "stamp."

Pronunciation:

CHOO-kah-noh-toh

Music:

6/4 meter

Formation:

Open circle; hold hands in low ("V") position..

Steps & Styling

Smooth and gentle

Meas	2	<u>Pattern</u>
		INTRODUCTION. No action.
	I.	BASIC STEP - PRAVO
1		Facing diag R and moving R: Step on R ft (1), step on L ft (2), step on R ft, bending knee slightly (3-4), step on L ft, bending knee slightly (5-6).
2		Facing diag R and dancing in place: step on R ft (1), stamp L ft next to R, no wt (2), turning to face diag L and dancing in place: step on L ft to L (3), stamp R ft next to L (4), stamp R ft fwd (5), rest (6).
3-4		Repeat meas 1 &2.
5		Repeat meas 1 facing and moving twd ctr
6		Repeat meas 2
7		Repeat meas 1, facing ctr and moving bkwds away from ctr
8		Repeat meas 2
	II.	FIRST BREAK - SHORT
9		Step on R ft crossed in front of L (1), step on L ft in place (2), step on R ft to R (3), stamp L ft next to R, no wt (4), step on L ft to L (5), stamp on R ft next to L, no wt (6).
10		Repeat meas 1
	III.	SECOND BREAK - LONG
9		Repeat meas 9 of first break.
10		Facing ctr and moving twd ctr: step fwd on R ft (1), touch L heel diag L (2), touch L heel fwd (3), touch L heel diag L (4), touch L heel fwd (5), lift R heel from floor as L knee lifts in front (6).
11		Repeat meas 10, Fig III w opp ftwk
12		Dancing in place: Step on R ft in front of L (1), step on L ft in place (2), step on R ft to R (3), step on L ft in front of R (4), step on R ft in place (5), lift R heel off floor as L

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knee lifts in front (6).

Facing ctr and moving bkwds away from ctr: Step bkwds on L ft (1), lift L heel off floor as R ft moves bkwds (2), step bkwds on R ft (3), lift R heel off floor as L ft moves bkwds (4), step bkwds on L ft (5), lift L heel off floor as R ft moves bkwds (6),

Repeat meas 12.

Repeat meas 13.

Sequence: Fig I, II, I, III, I, II, I, III

Presented by Lee Otterholt Dance description by Lee Otterholt

Lee Otterholt 1046 Katella St. Laguna Beach, CA 92651 USA

tel.: (949) 715-9788 cell: (949) 933-6294

Leeotterholt@yahoo.com