

CUMBERLAND REEL

Country: Scotland
Source: Bruce McClure, Glasgow, Scotland
Recording: "My Scotland" Jimmie Shand - Capitol T10014; Parlaphone 3467
Formation: Contra set for four couples(maximum 6 couples)

DIRECTIONS

Introduction - Chord

Part 1 STAR RIGHT AND LEFT

The top two couples form a right hand star and turn cw with 4 basic steps, reverse to left hand star and dance back to place with 4 basic steps.

Part 2 DOWN CENTER AND BACK

The top couple only with right hands joined, dance down the set and back using 4 basic steps each way.

Part 3 CAST OFF AND LEAD UP CENTER

All face to head of set, men follow 1st man to left, ladies follow 1st lady to the right, as they dance out and down the hall with 6 basic steps, meet and up center to place with 6 basic steps
(NOTE - 6STEPS DOWN AND 6STEPS BACK)

Part 4 ARCH AND TUNNEL UNDER

All couples form a two hand arch except for the top couple who tunnels under the arches to the foot and remains there. On counts 5, 6, 7 and 8(the last four counts) the couples forming the arch walk up one place with a STEP L, CROSS STEP R, STEP L, CLOSE R.

Repeat until each couple has been top couple.

Tulsa 1978