

CUMBERLAND SQUARE (EIGHT)
(English)

Type: English Country
 Formation: Four Couples in a Square
 Music: Record: Folkraft F1209*, F1241; Methodist WOF5**, English Columbia DB 2259; HMV 7 EG 8455 ***; Educational Dance Recordings FD - 2.
 Directions: Kraus, Richard: Folk Dancing, page 188.

Measures

- A1 1 - 8 Head couples join both hands out to the side and dance across the set in eight slipping steps, men passing back-to-back; and without turning, dance back to place in eight slipping steps, women passing back-to-back.
- A2 1 - 8 Side couples dance the same figure.
- B1 1 - 4 Head couples join right hands across and dance clockwise eight walking steps, turn and
 5 - 8 Joining left hands across, dance counter-clockwise to places with eight walking steps.
- B2 1 - 8 Side couples dance the same figure.
- A1 1 - 8 Head couples form a basket and circle left with sixteen pivot steps.
 Note: To form the basket, men put their arms around the girls' waists and join hands with one another; girls bring their arms over the men's arms, then bring their own forearms under the men's arms, and clasp hands in front of the men's chests.
- A2 1 - 8 Side couples dance the same figure.
- B1 1 - 8 All join hands and circle left with eight flat-footed polkas.
- B2 1 - 8 Men give right arm to partner, and all promenade around the set with eight polka steps or sixteen walking steps.

* This record contains music for Yorkshire Square Eight, La Russe

** This record contains music for Black Nag, Christchurch Bells

*** This record contains music for La Russe, Morpeth Rant, Soldier's Joy