

CUMBERLAND SQUARE

(English)

Cumberland is an area in the northwest of England on the Scottish border. This dance was introduced to the Folk Dance Federation of California, Inc., by May Gadd, National Director of the Country Dance Society of America.

MUSIC: Records: Methodist 109A
Columbia DB2259
Folkraft 1209 (Several other also available)

FORMATION: Square Formation: (#1 head - back to music)
G B
(#2 side) B G (#4 side)
G B
B G
(#3 head)

MUSIC: 4/4 PATTERN

Measures

INTRODUCTION - will vary with the record.

I. SLIDES:

- 1-4 The head couples face their partners and join hands outstretched. Slide 8 sliding steps across to the opposite place, boys passing back-to-back.
- 5-8 Keeping same position, return to own place with 8 sliding steps, girls passing back-to-back.
- 9-16 Side couples repeat measures 1-8

II. STAR

- 1-4 Head couples touch right hands in the center forming a right-hand star. Walk forward 8 steps in a clockwise direction.
- 5-8 Changing to a left-hand star, walk 8 steps in a counter-clockwise direction, returning to place.
- 9-16 Side couples repeat measures 1-8.

III. BASKET

- 1-8 Head couples form a basket in this manner: All step to center, girls hook arms of boys on either side and join hands across with opposite girl. Boys join hands behind girls' backs. All of this is done simultaneously. The basket moves left or clockwise with 16 buzz steps. (To do the buzz step, the right foot is placed into the center of the four in the basket. The left foot remains on the outside and acts like a paddle - pushing you around. The inside foot turns enough to adjust to the new angle. At the end of the 16 buzz steps, the head couples separate and go back to their original position.
- 9-16 Side couples repeat measures 1-8

IV. CIRCLE AND PROMENADE

- 1-8 All join hands and move left (clockwise) with 16 skipping steps or walking steps.
- 9-16 Arm-in-arm with partner, promenade counterclockwise to place with 16 walking steps.

The dance is then repeated again.

Presented by Bruce Mitchell