

THE BRAMPTON WAY OF THE DANCE

(Twelve)

Teach by Ching Shan Cheng, Holiday Camp 1977

Notes by John Bennett

Formation: Couples, Women on man's right, couples facing LOD around circle  
No hand hold, woman is arms length away from man.

| Mens. | count      | footwork   | arms and other special   |
|-------|------------|--|--|
| 1     | 1          | Step with outside ft. in LOD<br>leg straight   | Outside arm extended at shoulder level, inside arm extended above head, elbows bent. Can snap fingers on beat. Look away from partner  |
|       | and        | Step with inside ft. next to outside ft. bending inside knee   |  |
| 2     | 2          | Step with outside ft. LOD, straight leg  |  |
|       | and        | hold   |  |
| 3     | 2          | Step with inside ft. leg straight  | Reverse arms (inside extended to partner, outside extended above head) Look at partner   |
|       | and        | Step with outside next to inside ft. bend outside leg  |  |
| 4     | 4          | Step with inside ft. straight knee<br>hold   |  |
|       | and        | Repeat Mens. 1 etc. 1-4  | repeat mens. 1 all   |
| 2     | 1-4        | Step outside next to inside ft<br>bending outside knee   |  |
| 3     | Continuing | Limp step on inside ft to cross and change places with your partner<br>woman crosses in front of man.          | Arms and head same as Mens. 1 etc. 1-2   |
|       | 1          | Women: Step L to L<br>Man: Step R to R   |  |
|       | and        | W: close R to L<br>M: close L to R   |  |
| 2     | 2          | Repeat Mens. 3 etc. 1  |  |
|       | and        | Repeat Mens. 3 etc. 1 and  |  |
| 3     | 3          | Repeat Mens. 3 etc. 1  |  |
|       | and        | Repeat Mens. 3 etc. 1 and  |  |
| 4     | 4          | Repeat Mens. 3 etc. 1  |  |
|       | and        | Hold   |  |
| 4     | 1          | M: close R ft. to L, weight on both<br>W: close L ft. to R, weight on both<br>hold                             | Clap hands, arms extended in front of chest. face LOD<br>Hands circle palms toward face  |
|       | 2          | M: touch L behind R, bent knees<br>weight mostly on R<br>W: touch R behind L, bent knees<br>weight mostly on L | M: outside arm forms $\frac{1}{2}$ circle around head, hand over head palm up. Arm should be round. R arm in front of chest, palm facing outside of couple, fingers pointing to and just below chin.<br>W: arms extended (parallel & straight) in front of chest, palms down |
|       | 3          | Hold   | M: hold pose head slides to LRL or RLR (horizontal movement, no turning or tilt)<br>W: slide arms forward & back movement from shoulders TLR or LPLR   |

The Beautiful Lady of De-Ber City - cont.

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| <u>Meas.</u>     | <u>count</u> | <u>Footwork</u>   | <u>arms and special</u>   |
|------------------|--------------|---|---|
| <u>4</u> , cont. | <u>4</u>     | <u>Footwork</u><br><u>Hold</u>  | <u>Last head slide or side slide</u><br>described in Meas. 3 occurs on<br>ct. 4   |
|                  | and          | M: take full weight on L.<br>M: take full weight on R   | <u>Hold pose</u>  |
| 5                |              | Repeat Meas. 3 with opp. ft. work for<br>both men and women. woman crosses in<br>front of man to original position in<br>circle   | Arms and head same as in<br>Meas. 1 cts. 3-4  |
| 6                |              | Repeat Meas. 4 with opposite ft. for<br>both men and women.   | Same arms and head figures as<br>Meas. 4 but women will have<br>opposite arm positions  |
| 7                |              | Walk forward 123 touch<br>1 Step forward LOD with outside<br>foot<br>and Step forward LOD with inside ft.<br>2 Step forward LOD with outside ft.<br>and Stamp inside ft. next to outside ft.<br>3 Step inside ft. backwards (facing<br>LOD moving RLOD)<br>and Step outside ft. backwards<br>4 Step inside ft. backwards<br>and Stamp outside ft next to inside ft. | Arms swing in opposition to ft.<br>motion originates at shoulder<br>elbows lead forward.<br><br><u>Hold inside arm forward.</u><br>Arms swings as in ct. 1-2nd. |
| 8                |              | Slow buzz step turn<br>1 Step outside ft. straight leg<br>and Step inside ft. bent leg<br>2 Repeat ct. 1 mens. R<br>and Repeat ct. 1 and mens. P<br>3 Repeat ct. 1 mens. P<br>and Repeat ct. 1 and mens. R<br>4 Repeat ct. 1 mens. R<br>and Repeat ct. 1 and mens. P  | Arms as in Meas. 1 ct. 1-2<br>Look at partner as long as<br>possible in turn.   |

Dance repeats five times through.

Dance starts with bows to partner.

M: make fist with L hand, wrap R hand over L, and bow straight from wrist.

M: place L hand palm up on front R hip, place R hand palm down on L hand, courtesy.  
(Women's hands will be fingers to palm with elbow out to sides)

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By Joan Bennett  
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