

# DANS PLINN

(Brittany, France)

Pronunciation: Dahns Pleehn

From the region of Callac, (Pays Plinn) in Central Brittany, this dance is popular during evening parties ("fest noz") which have been revived by the younger generation in the past 15 years. The dance repertoire consists mostly of "cycles" or "medleys" (much like in the Hungarian "tanchaz") of dances such as gavotte, laridé, an dro, hanter dro, plinn and fisel. Besides smaller modern bands using bombarde, binioù-koz with electric back up, a "bagad" (marching band) of pipers, bombarde players and drummers (sounding much like a Scottish "Black Watch" band is often heard on festive occasions outdoors). Observed by Yves Moreau in 1979.

Music: Y. Moreau Special cassette

Formation: Short mixed lines. Hands held, bent elbow. Tight "Turkish-type" hold (also used in Hanter Dro). Wt on L. Slight knee bend. Proud posture.

Meter: 2/4

Measure	Description
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## I. Basic Travel Step

- 1 Wt on L, <sup>Wt on R</sup> step on R in front of L to L (1) hold (2)
- 2 Step on L to L (1) hold (2)
- 3 Step on R to R (1) step on L closing to R (2)
- 4 Repeat pattern of meas. 3 above.

Note: meas 3 & 4 above are done with very little displacement to R. Accent is on travelling to L.

Repeat as many times as wished. When leader indicates to change to "Plinn Step", for meas 4, hold for ct 2, keeping L ft free).

## II. "Plinn" Step

- 1 Facing ctr, leap onto L to L simultaneously flicking R ft up behing (1) small step on R next to L (2)
- 2 Repeat same as meas. 1 Fig. II
- 3-4 Same as meas 3-4, Fig. I

Leader of line usually calls change from Fig. I to Fig. II.

Description by Yves Moreau

Presented by Yves Moreau  
Idyllwild F.D. Camp 1990

*Leads soon R L L*

*Do not lock fingers*

*Do not throw*

*Stay @ Beginning of any phrase*

*Rest is mostly on ball of foot*

*Bump up ball of feet*