

## DANSE FISEL

(Brittany-France)

DAHNS FEEH-SELL

Source: From Lower Brittany region, France. Observed by  
Yves Moreau, France 1979

Music: Dances of Brittany, DB-3b (45 rpm)

Meter: 2/4

Formation: Mixed lines or open circle, hands joined down at  
sides. Wt on R ft, face slightly L of ctr. Leader  
at L end of line.

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### MEASURE

### PATTERN

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Introduction: Not easy to identify. Musicians play  
complete melody line through once without any rhythm  
accompagnement. Approx. length of intro is 30 seconds !

#### FIG. 1 Basic Gavotte

- |       |  |
|-------|--|
| 1     | Step on L to L (1) step on R across in front of L (2)  |
| 2     | Step on L to L (1) step onto R slightly in front<br>of L (&) step on L in place (2)                          |
| 3     | Step on R to L across L ft (1) step on L to L (2)  |
| 4     | Step on R across L to L with marked accent downward<br>(slight knee bend) (1) Hold while picking up L ft (2) |
| 5-7   | Repeat pattern of meas 1-3   |
| 8     | Same as meas 4, but when stepping on R, pivot CCW to<br>L to face opp. direction                             |
| 9-16  | Same as 1-8 but with opp. direction, (facing other way)  |
| 17-24 | Same as meas 1-8 (except no turn on last meas.)  |

#### Arms sequence for above basic gavotte step:

- |     |   |
|-----|---|
| 1-7 | Arms swing straight and strong bkwd and fwd, odd meas,<br>bkwd and even meas, fwd.  |
| 8   | When doing pivot on R ft arms continue fwd swing upward<br>high and let go of neighbors then come down and back to<br>start regular motion again. |

#### FIG. II "Fisel" step

Arms: Arms here are joined tightly with close locked  
arm grasp (like Turkish & Middle Eastern dances)

- |      |  |
|------|--|
| 1    | Facing ctr, leap sideways L onto L simult. raising<br>R ft up behind sharply (1) Step on R next to L (2) |
| 2    | Same as meas 1   |
| 3    | Three small steps L-R-L slightly L   |
| 4    | Same as meas 3 but opp direction & ftwork  |
| 5-24 | Same as 1-4, 5 more times  |
- Note: Meas 3-4 can sometimes be replaced by three sharp  
leaps with twists R-L-R-hold

Presented by Yves Moreau

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