

DANSE RUSSE DU VILLE

Part 1, 16 Measures Social Waltz
Waltz 16 measures in social dance position.

Part 2, 16 Measures Varsouvienne Position
1-2 Two waltz steps Fwd, both dancers starting with L ft.
3-4 Without dropping hands and in two waltz steps girl moves CCW around boy, who raises R arm slowly above his head to help her around. At the end of the two waltz steps dancers are in "reverse Varsouvienne position", i.e., girl is in back of the boy, on his right.
5-6 Two waltz steps fwd, both dancers starting with L ft, in the new position.
7-8 Without dropping hands, and in two waltz steps boy leads girl in front of him as follows: lifting L hand above head and forward, and pulling his R hand in front of him, he leads girl around in front of him, and with a rather quick pull by both R and L hands, helps girl to turn under raised L hands and resume the original Varsouvienne position.

9-16 Repeat Measures 1-8.

Part 3, 16 Measures Single-hand Turns and Chase
1-8 Dropping L hands and placing them on own hips, dancers move fwd, girl doing 8 waltz turns under the raised R arms. Boy simply does 8 waltz steps fwd, keeping the girl in front of him.
9-16 Drop R hands, girl continues waltz, turns fwd, both hands on hips, while boy follows her, clapping his hands at the hem of her skirt.

Part 4, 16 Measures
1-2 Two waltz steps in place, beginning with outside feet (boy's L, girl's R). On the first waltz step, dip extended arms downward to knee level; on second waltz step, raise extended arms above head-level, leaning back slightly on the upward movement.

3-4 Couple makes one complete turn CW with two waltz steps.

5-16 Above figure repeated three more times.

Part 5, 16 Measures
Dancers face each other, girls R hand in boys L, her L hand in his R.
1 With one waltz step (boy L R L in place, girl R L R making a R turn), boy leads girl into turn by bringing his R hand up in front of his face and then forward. Girl backs under her L hand, ends up facing forward, her R arm crossed in front of her waist, holding boy's L hand on her L hip, and resting against his L arm. Boy's R and Girl's L hands should end up joined just above head-level, forming a kind of window.

2 Two light stamps in place, holding this "tucked-in" position.

3 With one waltz step, boy "un-tucks" girl, then "re-tucks" her against his R arm, in the same manner as in measure 1, but of course using opposite hands and movements.

4 Two light stamps in place, holding this position.

5-16 Above figure repeated three more times.

Part 6 - Repeat Part 1 again

Part 7 - " " 2 "

Part 8 - " " 3 "

Part 9 - " " 4 " to finish dance.

MDX 900

Side 1, Band 6 RUSSIAN VILLAGE DANCE

An arrangement of typical Russian dance steps to fit the accompanying music. These steps have been checked by several Russian Dance authorities and were found to be entirely satisfactory. This dance was designed for people who have had experience along these lines, BUT with a little effort, this dance can be mastered.

FORMATION - Two lines of dancers, Men in one, Women in the other, facing about 15 feet apart. The various positions and other formations are described. EACH FIGURE TAKES A FULL 16 MEASURES OF MUSIC. There are 10 figures, each with the 16 measures.

FIGURE 1

a. Ladies progress toward partners, hdkf in R hand-R heel, brush back, stop R,L,R. Repeat 3 times, L,R,L, (4 times in all). Dip hdkf low at each heel point.

b. Ladies turn L shoulder to partners, raise R hand overhead (hdkf) and on 3 counts of each measure, dip slightly by bending knees slightly and straighten to original position. Repeat 3 times (4 in all)

c. Ladies progress away from partners on 8 push steps to R; half-turn and continue 8 push steps to L, to original place at beginning of Figure 1; 8 push steps to R in place and reverse on 8 push steps L in place to pose R hand (hdkf) and toe forward (R toe).

FIGURE 2

Men progress toward partners - half pyrsiadski ending R shoulder to partner in pose; repeat L,R,L. (4 times in all) ending facing partners. Return backwards to place hands on hips, R toe, heel; L toe, heel; etc. alternating 8 times in all and pose at end, R hand toward partner and R foot fwd.

FIGURE 3

Ladies progress toward partners - R toe, toe, kick, step, L toe, toe, kick, step; repeat, alternating 6 times in all, dipping R hand (hdkf) at beginning of each step. Return backwards to place on 8 skip steps and pose toward partners as in Figure 1.

FIGURE 4

Men progress toward partners - hands on hips - polka R, polka L, pyrsiadski twice; repeat beginning polka L. Return backwards to place on 8 skip

steps and do 3 pyrsiadskies in place and pose toward partners as in Figure 2.

FIGURE 5

Ladies progress toward partners, pass around them R shoulders to position with L shoulder toward partners, all on 8 polkas; repeat Figure 1-b, holding position.

FIGURE 6

Men progress backwards away from partners on 6 skip steps (hands on hips) and do one pyrsiadski on 2 counts; progress forward to place on 6 skip steps and one pyrsiadski; repeat figure but at the second sequence do not pyrsiadski but take ballroom position with partner.

FIGURE 7

Leading into a circle of couples counterclockwise, polka turns 4 measures progressing rapidly; continuing progress men take walking steps forward accenting L ft, while ladies pivot turn under men's R arms, 4 measures. Repeat figure.

FIGURE 8

In ballroom position slide in continuing counter-clockwise direction 6 times and on 2 counts ladies pivot under men's R arms; repeat figure.

FIGURE 9

In Russian position pas-de-basque R and L; ladies pivot under arms keeping hands joined while men step R, L; repeat with ladies pivoting back L to same position; repeat entire figure.

FIGURE 10

Russian position - skip backwards clockwise 16 steps and polka turns forward 8 measures and on final chord pose with ladies outside circle.

Side 2, Band 1

MDX 900
SYRBA

(Moldavia)

A dance having many melodies and step variations.

Below are a few traditional steps arranged for the music presented. Sources both in this country and in the Rumanian-Moldavian area, approved the arrangement and melody. This Syrba is danced in couples.

FORMATION Circle of couples, W on M's left. Hands are on each others shoulders. All start with R foot. There is an introduction to the dance.

Part 1

Part 1 is danced 5 times. Step R ft to side, L behind R, step on R ft and throw L ft fwd, bending slightly, leap onto L ft and throw R ft fwd, with a slight bend of the body. Continue step for 4 more times, 5 times in all, then stamp R ft twice next to L.

Part 2

Part 2 is danced 2 times in all. Step R to side, L behind R, R to side, Hop R, swing L fwd. Step L across R, hop L, TURN, and face to the L. Now, moving to the L, do 3 steps, R,L,R, Hop R, step and hop L ft moving slightly bwd, and stamp R,L,R. in place. Start step again with R ft.

Part 3

Part 3 is danced 4 times. Step R to side, L behind R, R to side, L behind R. Dance 2 quick "Threes in place", (RLR,LRL). Formation now breaks up into couples, who whirl around in place counterclockwise with 8 quick steps. Formation is then resumed and part 3 is danced again. Do Part 3 four times in all, breaking and resuming formation each time.

SEQUENCE OF THIS DANCE IS: Part 1,2,3,2,1,2,3,2,1,2,3

Side 2, Band 2 HORA (Moldavian)

A dance with over 3,000 variations and names. The dance described is a collection of steps arranged to the music. Sources from both here and in Moldavia assisted in the approval of the arrangement.

FORMATION - A circle of dancers, hands joined. Circle can be open or closed. If open, leader is at right end.

Part 1

8 Measures. Moving to R, step R to side, L behind R, R to side, hop R swinging L over R. Moving to L, step L to side, R behind L, L to side, hop L swinging R over L. Move fwd toward center, step R, L,R, hop R swinging L over R. Move Bwd away from center, step L,R,L, hop L, and STAMP R foot next to L.

REPEAT PART 1 AGAIN 3 TIMES, 4 TIMES IN ALL.

Part 2

8 Measures. Moving to R, R to side, L behind R, R to side, hop R, swing L over to R. Step L to side, R behind L, L to side, hop L, swing R over L, step R to side, L behind R, R to side, hop R, swing L over R, AND, step and hop L, swinging R over L. FLICK THE R FOOT IN AIR TWO TIMES, THEN STAMP R IN PLACE TWO TIMES.

(Count is R,L,R hop, L,R,L, hop, R,L,R hop, Left hop, Flick, Flick, and Stamp, Stamp)

REPEAT THIS STEP ONE MORE TIME, 2 TIMES IN ALL.

Part 3

8 Measures. Part 3 is done a total of 4 times. One sequence takes 8 measures of music. Entire sequence takes 32 measures.

Step R to side, L behind R, R to side, hop R, swinging L fwd. Hop 2 more times on R foot, brushing L ft bwd and fwd. Step L to side, R behind L, L to side, hop L, swinging R ft fwd. Hop 2 more times on L, brushing R ft bwd and fwd. Then step R to side, L behind R, and step in place quickly R,L,R.

Repeat step again, starting to left with left ft. Step L to side, R behind L, L to side, hop L, hop on L 2 more times, brushing R bwd and fwd etc.....

Part 4

8 Measures. Step R to side, L behind R, R to side, hop R, swing L over R. Step L to side, R behind L, L to side, hop L, swing R over L. THEN: Flick R ft in air 2 times and stamp R ft 1 time, Flick R in air twice, stamp R ft in place twice, Flick R ft in air 2 more times, PAUSE for 2 quick counts, and stamp R in place 3 times.

REPEAT PART 4 ONCE MORE, 2 TIMES IN ALL.

Side 2, Band 3 MOLDAVIAN ROUND DANCE

This type of dance is typical of the Moldavian people. Its easy tempo makes an ideal dance for any occasion. Below is a suggested arrangement of traditional steps for the music used. There are many types of Round Dances in Moldavia, this being somewhat slower than the usual variety.

FORMATION - Principally a group dance for 4 couples, but 5 or 6 couples may participate. Opening formation is 2 lines of couples facing each other. Man has his partner on his left. Unless otherwise stated, all figures begin with the R ft.

STEPS USED - Will be noted in directions. Introduction music is played on solo instrument. When other instruments join in, dance is started.

Part 1

Both lines move in a semi-circular direction to their R, with 2 waltz steps, and 3 balance steps, and pause. (4 meas) Both lines move Bwd with 2 waltz steps and 2 balances, keeping time with the music. (4 more meas)

Part 2

Using a waltz step and little skip at the end of each step, the two lines moving to the R, join hands in a circle and circle once around, then breaking again into 2 lines. Entire figure takes 12 measures of music. Timing is important.