

The Dance
(Italy)

Formation: For as many as will - in sets of two couples. Partners facing each other. This is a Tarantella.

Steps: Hop step, running step, skipping step.

Part I

- 1 Step in place with the L foot and clap own hands - W striking their tambourines (count "one"). Hop on the L foot, swinging the R across the L (ct 2).
- 2 Same as meas 1, but beginning with the R foot and swinging the L.
- 3-4 Four running steps in place (L-R-L-R). M snap their fingers while the women shake their tambourines.
- 5-8 Repeat meas 1-4.
- 9-16 Repeat meas 1-8.

Part II

- 1-2 All take four running steps forward twd partners and bend low. Snapping of fingers and shaking of tambourines.
- 3-4 All dance away from partners with four running steps to place, slowly straighten the body, and raise the hands. This is accompanied by much snapping of fingers and shaking of tambourines.
- 5-8 Repeat meas 1-4, Part II.
- 9-16 Repeat meas 1-8, Part II.

Part III

- 1-4 Man of couple 1 and W of couple 2 dance twd each other with a running step and hook R elbows. They turn once around in place CW and dance back to their respective positions.
- 5-8 M of couple 2 and W of couple 1 repeat meas 1-4, Part III.
- 9-16 Repeat meas 1-8, Part III, hooking L elbows.

Part IV

- 1-4 M of Couple 1 and W of Couple 2 dance around each other passing R shoulders, and returning bkwd to place passing L shoulders (do-si-do).
- 5-8 M of Couple 2 and W of Couple 1 do the same as meas 1-4, Part IV.
- 9-16 Repeat meas 1-8, Part IV, using L shoulder first and shoulder backing away.

Part V

- 1-4 All place hands on their own hips and face to R, with L shoulders in the center of the set. All take eight skipping steps CCW.
- 5-8 All turn halfway to the L. Now with R shoulder to the center they take eight skipping steps CW back to original place.

Part VI

- 1-4 All place L hands in the center of the set, forming a L-hand star, and take eight skipping steps CCW. The women shake their tambourines.
- 5-8 All drop hands and turn halfway to the L placing R hands in the center of the set (R-hand Star). All dance with eight skipping steps CW to place.

Repeat as many times as desired.