

DE ARĂDUIT

din Mireșul Mare - Transilvania

The word "de arăduit" is an old form of "de orănduit" meaning to arrange or to put in order s used in the Codru and Chioar areas to give the name to the first dance of the village cycle in which the couples take their places in the circle. In fact, it is a kind of "Învârtita" in which turning steps alternate with claps and stamps of the boys. The dance consists of a promenade part followed by a turning part alternating with men figures.

Pronunciation: deh ah-reh-doo-EET

Formation: couples in circle

Rhythm: 2/4

Videotape: Lia and Theodor Vasilescu: 25 Romanian Folk Dances 8

PATTERN

Measure

INTRODUCTION: 16 meas. No action.

PROMENADE

Men are holding the women on the shoulder blade. Woman is holding her hands on man's shoulder. They are moving in LOD on the big hora circle, men facing LOD, while women are facing men and moving bkwd.

Men steps:

- 1 Step fwd on R (ct 1); clapping hands raised over the hands of the woman (ct &); step fwd on L (ct 2); clapping hands (ct &).
- 2 Step on R fwd (ct 1); clapping hands (ct &); clapping hands and touch L next to R (ct 2).
- 3-4 Repeat meas 1-2 with opp ftwk.
- 5-8 Repeat mea 1-4.

Woman steps:

- 1 Moving bkwd, step on R (ct 1); step on L (ct 2).
- 2 Step on R (ct 1); touch L (ct 2).
- 3-4 Repeat meas 1-2- with opp ftwk.
- 5-8 Repeat meas 1-4.

TURNING STEPS

Men and women are doing the same steps being front in front.

- 1 Step on R in LOD (ct 1); step on L across R (ct 2); step on R to R (ct &).
 - 2 Step on L across R (ct 1); step on R to R (ct 2).
 - 3-4 Repeat meas 1-2 with opp ftwk.
 - 5 Step on R(ct 1); step on L (ct 2).
 - 6 Step on R (ct 1); step on L (ct 2).
 - 7 Step on R (ct 1); step on L (ct 2).
 - 8 Step on R to R (ct 1); hold (ct 2).
- During meas 5-8 the couples are turning CCW.
- 9-16 Repeat meas 1-8 in CW.

SIDE PROMENADE

Women steps:

Moving in front of men aside twd ctr:

- 1-2 Repeat meas 1-2 of Turning steps
- Moving in front of men outside circle:
- 3-4 Repeat meas 1-2 of Turning steps with opp ftwk.
 - 5-6 Repeat meas 1-2.
 - 7 Step on L (ct 1); step on R (ct 2)
 - 8 Step on L next to R (ct 1).

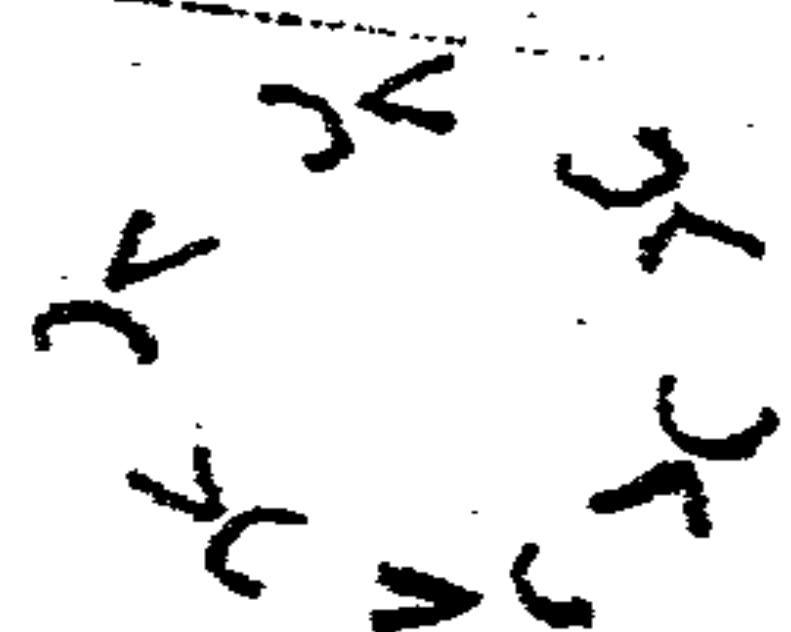
During meas 7-8 women are turning CCW 360°.

Men steps:

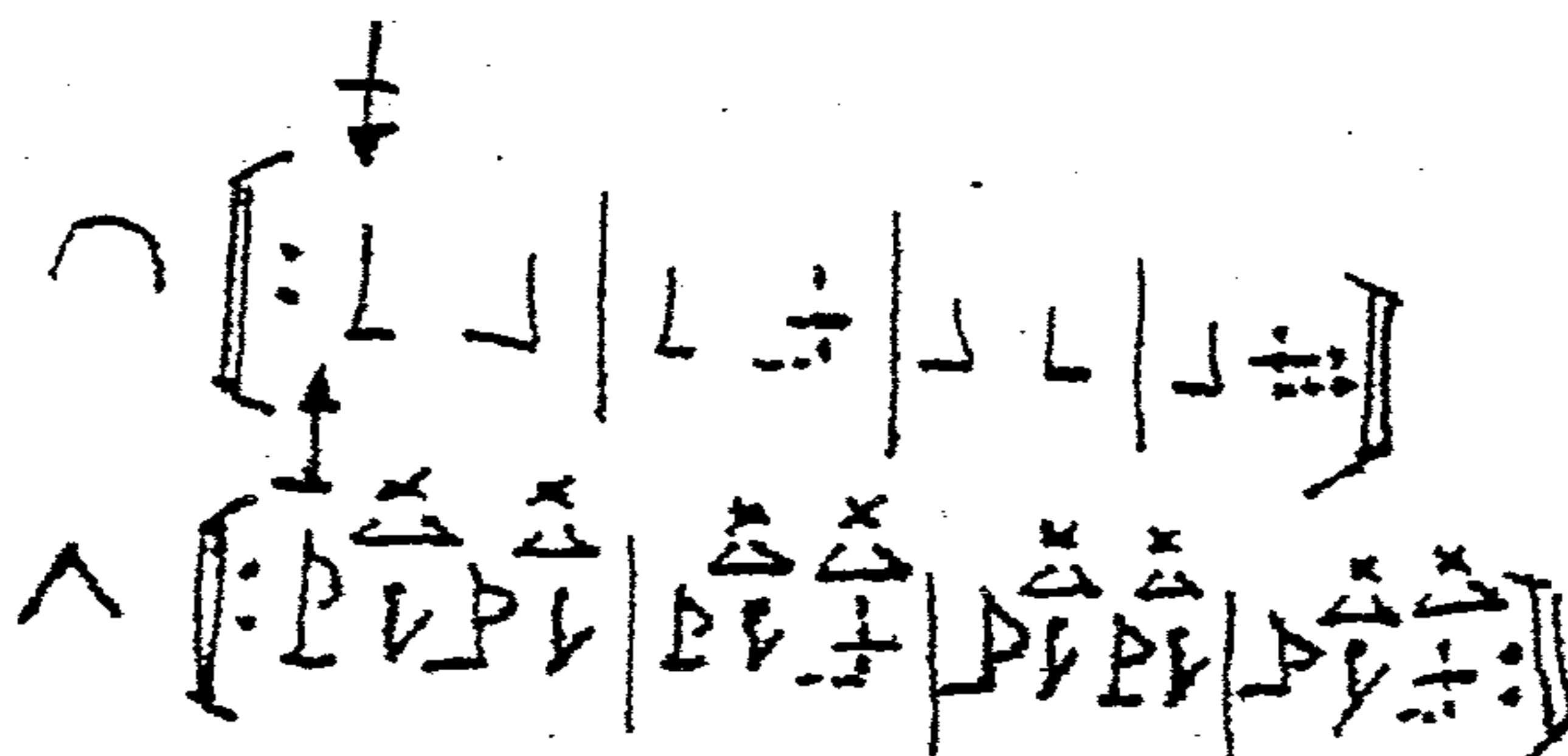
- 1-2 Moving aside out of circle, repeat meas 1-2 of Promenade.
 - 3-4 Moving twd ctr repeat meas 3-4 of Promenade.
 - 5 Clap R hand on raised R ft (ct 1); leap on both ft joined (ct 2).
 - 6 Clap R hand on R heel (ct 1); leap on both ft joined (ct 2).
 - 7 Clap R hand on raised R ft (ct 1); clap R hand on R heel (ct 2).
 - 8 Leap on both ft clicking R on L heels (ct 1); hold (ct 2).
- Variant of meas 5-8:
- 5 Bending upper body, clap R hand on R ft (ct 1); stamping step on r (ct &); stamping step on L next to R (ct 2); clap R hand on R ft (ct &).
 - 6 Stamping step on R (ct 1); stamping step on L next to R (ct &); clap R hand on R ft (ct 2).
 - 7 Leap on both ft stretching the body (ct 1); clap R hand on raised R ft (ct 2).
 - 8 Leap on both ft clicking R on L heels (ct 1); hold (ct 2).

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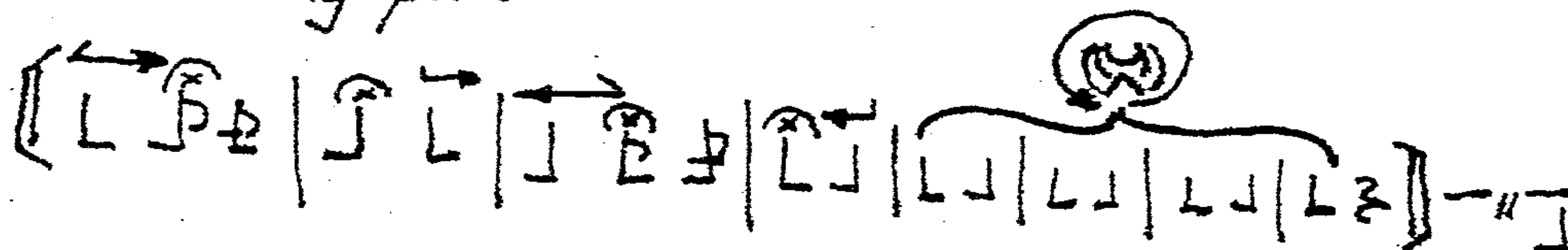
Presented by Lia and Theodor Vasilescu



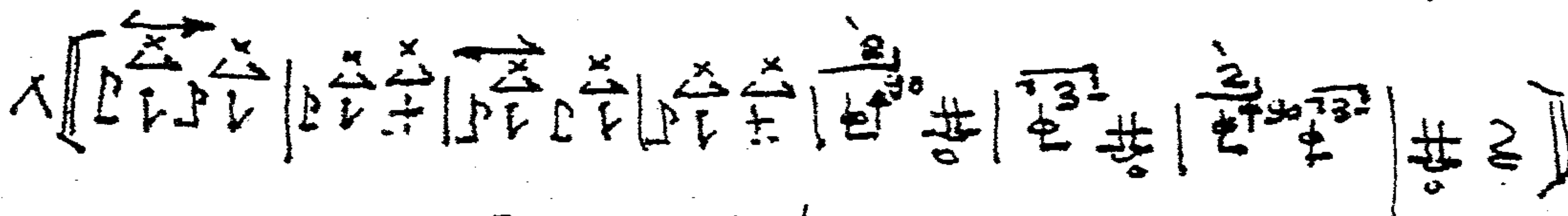
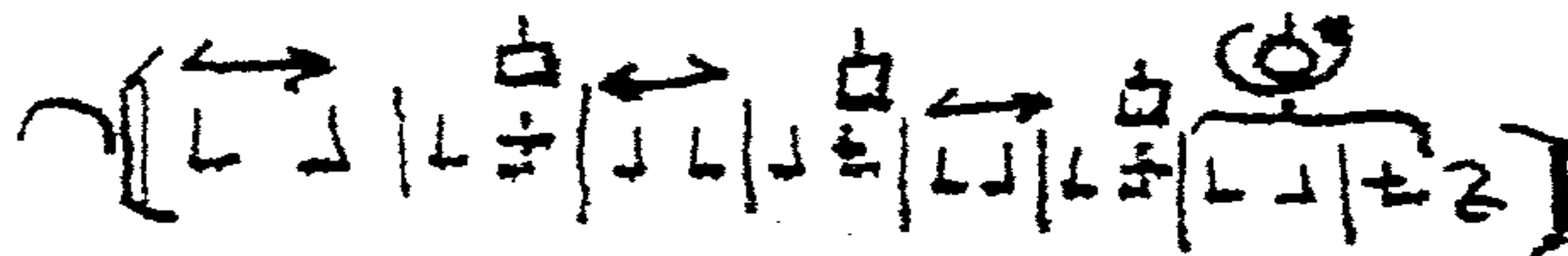
Promenade



Turning part



Side promenade



meas. 5-8 variant

