

DEBKA

(Israel)

step used in a large

Note: "Debka" refers to ^{the} category of dances, and there are many debkas. This version is from Lorraine Heller, and can be done to Hanodeid and Liusha Na Os. Formation is a line, with low handhold, facing center.

Part I.

Starting with R and moving to the right, step-close, step-close, jump, jump. On the first jump, land facing about 45° to the left, on the second jump, land facing center. Repeat.

Part II.

Tapping L foot in front with leg straight, jump slightly twice, then change to jump twice slightly with feet together. Repeat, in reverse (tapping R toe in front).

Repeat, then start over with Part I.