

## DEBKA DEBKA

## MUSIC &amp; DANCE: FOLK

Formation: Line, all join hands, face and move CCW

PART ONE

Count 1-4 : Run 4 steps fwd RLRL  
 5 : Jump on both feet turn knees to left side  
 6 : Jump on both feet turn knees to right side  
 7-8 : Repeat 5-6  
 9-16 : Repeat 1-8  
 17-18 : Run 2 steps fwd RL  
 19-20 : Repeat 5-6  
 21-32 : Repeat 17-20 three more times

PART TWO

Face center.

Count 1 : R to right side  
 2 : L crosses behind R  
 3 : R to right side  
 4 : Hop on R  
 5-6 : Step-hop on L to left side  
 7 : Jump on both feet  
 8 : Hop on L  
 9-32 : Repeat 1-8 three more times

PART THREE

Count 1-6 : Repeat 1-6 PART TWO  
 7 : R fwd  
 8 : L bwd  
 9-32 : Repeat 1-8 three more times

PART FOUR

Count 1 : Leap on R at the same time L heel touches floor in front  
 2 : Hop on R at the same time bend L bwd  
 3-4 : Reverse 1-2  
 5-6 : Hop twice on L at the same time travel to right side and click heels  
 7 : Jump on both feet  
 8 : Hop on L  
 9-32 : Repeat 1-8 three more times.

PART FIVE

Count 1-6 : Repeat 1-6 PART FOUR  
 7 : Bend both knees all the way down (squat)  
 8 : Raise on L  
 9-32 : Repeat 1-8 three more times.