

~~20~~

DEBKA LA'EMEK

Line Dance

Translation: Debka of the Valley
Dance: Rivka Sturman
Meter: 4/4
Formation: Lines in a simple hold, face LOD

(contid.)

- 12 -

2-8		gcbecr wess* j-q' balc v
4	J-q	lcmencr r
3	J-q	gcbecr wess* j' balc v
5	J-q	bmj lcmencr r
J	J-q	gjom cmc-ecrb lmq v
		balc v

Notes Comments Description

Note: gcbecr described for m' m qoss obbozre
 lscrua ror
Formation: Combies in a simple hold* bclmencr strc pl strc
Meter: 4/4
Dance: most vltat
Translation: Here in the song

Combies dance
KVM BVDAEOM

DEBKA LA'EMEK (continued)

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
<u>Part A</u>		
1	1-2	Debka step (facing LOD)
	3-4	Step L in LOD and bend L knee
2	1-2	Repeat cts. 3-4, meas. 1, Part A w/R foot
	3	Step on ball of L fwd
	4	Step R fwd
3	1-2	Repeat cts. 3-4, meas. 1, Part A
	3-4	Repeat cts. 3-4, meas. 1, Part A w/R foot
4	1-2	Repeat cts. 3-4, meas. 2, Part A
	3-4	Repeat cts. 3-4, meas. 1, Part A
5	1-2	Step R fwd and hold
	3-4	Repeat cts. 3-4, meas. 2, Part A
6	1-2	Repeat cts. 3-4, meas. 2, Part A
	3-4	Repeat cts. 3-4, meas. 1, Part A
7	1-2	Repeat cts. 3-4, meas. 1, Part A w/R foot
	3-4	Repeat cts. 3-4, meas. 1, Part A
8	1-2	Stamp R beside L and hold (on stamp turn R shoulder in LOD)
	3-4	Repeat cts. 1-2, meas. 8, Part A
9-16		Repeat meas. 1-8, Part A
<u>Part B</u>		
1	1	Step R in LOD
	2	Lift L in LOD
	3-4	Brush L back and hop on R back
2	1-4	2 steps back L,R
3	1-4	2 steps L,R in RLOD while turning sharply on the first step
4	1-2	Step L to L (face center)
	3-4	Close R beside L while rising to balls of feet
5	1-2	Lunge w/R to R (knees bent, face center)
	3-4	Cross L over R (body up)
6	1-4	Repeat meas. 5, Part B
7	1-4	2 steps fwd R,L
8	1-2	Step fwd R
	3-4	Close L beside R while turning CCW 1/2 ending up on balls of feet
<u>Part C</u>		
1-4	1-16	8 steps fwd in RLOD starting w/R (1 step per 2 cts.; on the 8th step, rise to balls of feet turning to face center; with each step clap hands in front of body and above head)
5-6	1-8	Repeat meas. 5-6, Part B
7-8	1-8	Repeat meas. 7-8, Part B