

178-34

DEBKA MICHAL

Dance: Moshe Telem
Music: Shalom Ochayon
Formation: lines in circle
Meter: 4/4

RECORD: Jerusalem T 007

PART ONE - Face CCW, hands joined

- 1-2 Two steps fwd R,L
- 3-4 Step-tog-step fwd R,L,R
- 5-8 Repeat 1-4 with opposite footwork; end facing center
- 9 Stamp R to right
- 10 and Cross L behind R, R to right side (double-time)
- 11-12 Cross L in front of R, and close on R with stamp
- 13-14 Two bounces on both feet
- 15 and Rock fwd on R, step back on L toes (double-time)
- 16 Close with R
- 17-32 Repeat 1-16

PART TWO - Face center, hands joined

- 1-2 R to right, cross L behind R
- 3 and R to right with bent knee, L in place (double-time)
- 4 Brush R to left
- 5 Stamp on R stretched fwd
- 6 Bend knees
- 7 Straighten knees
- 8 Bend on L while lifting R extended fwd in air
- 9 and Stamp on R fwd, and stamp on L behind (double-time) moving twd ctr.
- 10 Repeat count 5
- 11-12 L fwd, close with R
- 13-14 two bounces in place
- 15-16 R bwd, close with L
- 17-32 Repeat 1-16

PART THREE - Face CCW, hands joined

- 1 and 2 Touch R heel fwd and step on R fwd (debka step), Stamp fwd on L
- 3-4 Repeat 1 and 2
- 5 Jump fwd on both with R in front of left
- 6 Jump back on both, with R still in front of left
- 7-8 Repeat 5-6
- 9-10 Two stamps on R fwd in place
- 11 and Two stamps on R in double time
- 12 Brush with R fwd
- 13 and Stamp on R stretched fwd and close L behind it
- 14 Repeat 13 (Moving CCW)
- 15-16 R fwd, close with L
- 17-32 Repeat 1-16

Presented by Teme Kernerman at Maine Folk Dance Camp 1987

