

DELI BEČAR (DEH-lee-BEH-char) - Macedonia

RECORD: WORLD TONE WT-64701 Meter: 2/4

FORMATION: Broken circle, belt hold, L over R

Meas Pattern
10 INTRODUCTION

PART I

- 1 Facing and moving LOD, step R (ct 1), step L (ct 2)
- 2-3 Repeat action of meas 1 two more times.
- 4 Step R (ct 1), small step on L (ct &), step R in place, raising L fwd (ct 2)
- 5 Still facing LOD, hop on R, bringing L around in back of R (ct 1), step bwd on L (ct &), step bwd on R (ct 2)
- 6-7 Repeat action of meas 5 two more times
- 8 Step bwd on L (ct 1), hop L, raising R fwd (ct 2)
- 9 Moving slightly in LOD, step R (ct 1), step L (ct &), step R (ct 2).
- 10 Hop on R (ct 1), step fwd on L (ct 2).
- 11-40 Repeat action of meas 1-10 three more times.

PART II

- 1-2 Repeat action of meas 1-2, Part I
- 3 Step R diag fwd (ct 1), step L next to R (ct &), small leap onto R, L raised in back (ct 2).
- 4 Leap swd L on L, R raised in back (ct 1), leap swd R on R, raising L across R (ct 2)
- 5 Still facing LOD, hop R, bringing L around in back of R (ct 1), step bwd on L (ct 2)
- 6 Repeat action of meas 5, part II, with opp ftwk
- 7 Repeat action of meas 5, Part II
- 8 Facing ctr, step R across L, bending body fwd (ct 1), step back on L straightening body and facing LOD (ct 2)
- 9 Hop L, raising R across L (ct 1), step R in place (ct 2)
- 10 Step L slightly in LOD (ct 1), step R next to L, (ct &), step L in LOD (ct 2)
- 11-20 Repeat action of meas 1-10, Part II.

PART III

- 1 Facing and moving in LOD, step R (ct 1), step L (ct 2)
- 2 Step R (ct 1), raise L fwd, L knee bent (ct 2)
- 3 Step L (ct 1), step R (ct 2)
- 4 Step L (ct 1), step R (ct &), step L (ct 2)
- 5-16 Repeat action of meas 1-4, Part III, three more times

PART IV

- 1 Facing ctr, lift on L (ct 1), step swd R on R heel (ct &), step L Behind R (ct 2)
- 2 Step on R to R, swinging L diag bwd to L, knee bent (ct 1), hop on R, swinging L across in front of R, knee bent (ct 2)
- 3 Jump swd L on both ft apart (ct 1), leap swd R on R (ct 2)
- 4 Step L across R (ct 1), step R to R (ct &), step L across R (ct 2)
- 5-8 Repeat action of meas 1-4, Part IV.

PART V

- 1 Facing ctr, hop on L, extending R fwd (ct 1), step R to R (Ct &), step L next to R (ct 2)
- 2-3 Repeat action of meas 1, Part V, two more times
- 4 Step R,L,R, in place (cts 1,&,2). (Variations: do 3 scissors kicks)
- 5-8 Repeat action of meas 1-4 (Part V, reversing ftwk and direction)

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1-8 PART VI
Repeat action of Part IV

1-8 PART VII
Repeat action of Part V.

1-8 PART VIII
Repeat action of Part IV, ending with R raised across L, knee bent.

RUGOVO (ROO-goo-vo)

Dance from a section where the people are sitting.

RECORD: WT-LF-64701 Meter: 2/4

FORMATION: Separate lines. W with hands on shoulders of W next to him. W with hands joined at shoulder-height, elbows bent.

STYLE: W make small actions. W make big actions. Dance is done in a light, easy position with a smile.

Meas: 8
INTRODUCTION

PART I
1 Facing ctr. Jump on both ft apart, toes pointing out, knees bent (ct 1), step L across R (ct 2).
2 Jump on both ft apart again, L toe and head bent to L (ct 1), raise L leg out to L in bent bicycle action (ct 2).
3 Jump on both ft apart, R toe and head facing to R (ct 1), raise R leg (bent) to back of L leg (ct 2).

PART II
1-4 Repeat action of Part I, except that move 2 is done twice before move 3.

PART III
1-4 Repeat action of Part I, except that move 3 is done twice.

PART IV (W only) W continue with Part III.
1 Moving to LOD, step R (ct 1), step L (ct 2).
2 Longe P-B on R in LOD with L kneeling and as far as possible, body bent over, head facing to LOD (ct 1), hold (ct 2).
3 Straighten body (ct 1), hold (ct 2).
4 Rise on L ft (ct 1), raise R leg (bent), in back of L leg (ct 2).

Note: Leader indicates change of figures by raising R hand.