

DENINKA I (DEN-ing-kah)

(Bulgaria)

This dance, FOR W ONLY, was learned by Yves Moreau from Ilija Vretenarov, lead of a folk dance group in Kavrakirovo near Petric in southwestern Bulgaria (Macedonia). The dance comes from the village of Kulata on the Bulgarian-Greek border.

**Music:** Record, Balkanton BHA 734, side 1, band 2 (no introduction).  
7/16 meter: 1-2-3, 1-2, 1-2. Counted here as 1,2,3. Slow down record slightly.

**Formation:** Open circle of W, facing cntr, "W" posn, hands near shldr. Leader may carry kerchief in R hand.

**Style:** Posture erect, steps small, demeanor is reserved, quiet, feminine.

Meas.   Pattern.

- I.
- 1 Step bkwd on R, lifting L, knee bent, lower hands to sides (ct 1); hold (2,3)
  - 2 Step fwd L, leaving R in place, return hands to "W" posn (1); rock back on R (2); rock fwd on L (3).
  - 3 Facing slightly R of cntr, moving in LOD, step R (1); step L (2,3).
  - 4-5 Continuing in LOD, step R,L,R (1,2,3); step L,R,L (1,2,3).
  - 6 Small leap fwd onto R (ct uh); small leap fwd onto L (1); swing R ft around and step across in front of L, facing cntr; bring L ft up behind R calf, R knee bent; bend fwd a little from waist and look to L (2); hold (3).  
HANDS: Lower to hip level on ct 2. Hold (ct 3).
  - 7 Return hands to "W" posn and rock back on L (1); rock fwd on R (2); rock back on L (3).
  - 8 Step bkwd on R (1); close L to R with a bounce (2); hold (3).

- Break
- 1-3 Repeat action of meas 3-5, Part I.
  - 4 Step R to R, facing cntr (1); close L to R with a bounce (2); hold (3).

SEQUENCE OF DANCE: Part I twice; Break; Part I eight times;  
Part I twice; Break; Part I eight times.