

DENINKA
(Bulgaria)

This women's dance was learned by Yves Moreau from Ilija Vretenarov in the village of Kavrakirovo near Petric in Southwest Bulgaria. The dance is especially popular in the area around the village of Kulata on the Bulgarian-Greek border.

Pronunciation:

Music: Balkanton BHA-734, or special cassette (Y. Moreau).

Rhythm: 7/16 meter S Q Q 1 2 3

Formation: Open circle, "W" pos: hands joined at shldr height. Face ctr, wt on L ft.

Style: Posture erect, small steps, demeanor is reserved, quiet and feminine.

Meas

Pattern

No introduction.

BASIC PATTERN

- | | |
|-----|--|
| 1 | Step bkwd on R, lifting L, knee bent, lower hands to sides (ct <u>1</u>); hold (cts 2,3). |
| 2 | Step fwd on L, leaving R in place, return hands to "W" pos (ct <u>1</u>); rock back on R (ct &); rock fwd on L (ct 2); hold (ct 3). |
| 3 | Facing slightly R of ctr, moving in LOD, step on R (ct <u>1</u>); step on L (cts 2-3). |
| 4-5 | Continuing in LOD, step R,L,R (cts <u>1</u> ,2,3). Step L,R,L (cts <u>1</u> ,2,3). |
| 6 | Small leap fwd onto R (ct uh); small leap fwd onto L (ct <u>1</u>); swing R ft around and step across in front of L, facing ctr, bring L ft up behind R calf, R knee bent; bend fwd a little from waist and look to L (ct 2); hold (ct 3).
HANDS: Lower to hip level on ct 2; hold ct 3. |
| 7 | Return hands to "W" pos and rock back on L (ct <u>1</u>); rock fwd on R (ct 2); rock back on L (ct 3). |
| 8 | Step bkwd on R (ct <u>1</u>); close L to R with a bounce (ct 2); hold (ct 3). |

Presented by Yves Moreau