

BACK FROM ISRAEL 76 - Hadarim VIII
Side B, band 6

MUSIC: T. David
DANCE: S. Bachar

ISRAELI DISCOTHEQUE

Formation: Lines, facing music.

PART ONE

- 1 Step on right to right side.
- 2 Touch with left toe in front of right foot.
- 3 - 4 Reverse 1-2 with opposite footwork.
- 5 Repeat 1.
- 6 Cross with left in back of right.
- 7 - 8 Repeat 1-2.
- 9 - 16 Reverse 1-8 with opposite footwork.

PART TWO

- 1 - 3 Step forward on right, left, right.
- 4 Step forward on left ball of foot while also extending left hip forward.
- 5 - 8 Walk back on left, right, left, right-ball of foot.
- 9 - 11 Walk forward on right, left, right (don't close feet).
- 12 Close-click heels together.
- 13 Open heels.
- 14 Close-click heels together.
- 15 - 16 Walk back on right, left.

PART THREE

- 1 + 2 Samba step in place: step on right to right side,
step on left ball of foot in
back of right,
step on right to right side.
- 3 + 4 Repeat 1-2 to left side with opposite footwork.
- 5 - 7 Turn CW while traveling to right side on right, left,
right.
- 8 Jump forward on both feet, while swinging each arm in
a circle (outwardly) as if jumping rope backwards.
- 9 - 12 Walk backward on right, left, right, left, bending
body forward (head stays forward), while pointing index
finger of each hand down towards the floor (as in old
fashioned boogie-boogie).
- 13 - 14 Step $\frac{1}{2}$ turn to right as you step on right, together-close
with left, and step on right, bending knees, letting right
shoulder lead with arms on sides, palms parallel to floor.
- 15 - 16 Continue in same direction to right side, but reverse step
13-14: step on left, together-close with right, and step
on left, bending knees, letting left shoulder lead with arms
on sides, palms parallel to floor.
- 17 - 32 Repeat 9-16 three more times (total of 4 sets) completing
a square (box), ending facing music.