

DOBROLUSKO HORO
(Thrace, Bulgaria)

also:
DOBROLUSKO

Meaning

Source: Martin Koenig learned the different steps from members of the Koutev National Ensemble of Bulgaria. This version was choreographed and arranged by Martin Koenig.

Pronunciation: doh-broh-LOOSH-koh hoh-ROH

Record: Balkan Arts 701 EP, Side B, Band 2.

2/4 Meter.

Formation: Single long line; belt hold, L arm over R.

Meas Cts

Pattern

INTRODUCTION - begin dance with beginning of any musical phrase.

FIGURE I. BAVNO

(slow)

PRAVO - ("STRAIGHT")

mostly
used
PRVO!

- 1 1 Facing ctr, moving LOD, step sdwd to R on R ft.
2 Step on L ft slightly to L of and in front of R ft.
- 2 1 Step sdwd to R on R ft.
2 Lift L ft, bringing it bkwd.
- 3 1 Step on L ft slightly to the L of and in back of R ft.
2 Lift R ft.

knees
slightly
bent
with
soft bounce

Repeat Fig 1 as often as leader desires.

FIGURE II. DAI GO ZHIVO

"GIVE IT LIFE"

think it is a jump to
"keep it" both

- 1 Repeat Fig I, meas 1-3 with more animation. Step-lefts become run-hops; i.e., steps become runs, and lifts become hops.

FIGURE III. TRI NA DESNO

("Three to Right")

- 1 1 Facing ctr, step sdwd to R on R ft.
2 Step on L ft behind R ft.
- 2-3 Repeat Fig III, meas 1 two more times.
- 4 1 Step sdwd R on R ft.
& Step on L ft beside R ft.
2 Step on R ft in place.
- 5-8 Repeat Fig III, meas 1-4 with opp ftwk and direction.
- 9 1 Step sdwd to R on R ft.
2 Step on L ft behind R ft.
- 10 1 Step sdwd on R ft.
& Step on L ft beside R ft.
2 Step on R ft in place.
- 11-12 Repeat Fig III, meas 9-10 with opp ftwk and direction.
- 13-16 Repeat Fig III, meas 9-12.

TO THROW FWD

- FIGURE V. DESNO/LEVO

(RIGHT/LEFT) always follows HOFER/

- FIGURE VI. KRSHI

(~~"Cross"~~) ("Cross")

- FIGURE VII. NAPRED-NAZAD+

$$(TWD/BWD)$$

- leaning slightly forward
on ~~the~~ two steps,
slightening up
on chok.

- Sequence suggestions: The leader calls the figures by name, and the repetitions are determined by him. Normally the changes from Fig I to Fig II and from Fig II to Fig III are called. However, Fig III is usually done only once and is always followed by Fig IV once, followed by any number of repetitions of Fig V without their being called. The leader can change the number of times Fig III and Fig IV are done, but if he says nothing the above is what is understood. It is nice to do Fig III, IV and V as a package. A similar situation obtains in Fig VII, where meas 1-2 comprise Napred (fwd), and meas 3-4 Nazad (bkwd). Napred can be done any number of times in a row followed by any number of Nazad and not necessarily the same number of each. Nazad is followed by Hisferli (Fig IV) once if the leader doesn't say anything; this in turn is followed directly by Desno/Levo. It is nice to time things so that Bavno can be repeated when Melody A returns.