

DOBROLUSHKO HORO
(Thrace, Bulgaria)

SOURCE: Martin Koenig learned the different steps from members of the Koutev National Ensemble of Bulgaria. This version was choreographed and arranged by Martin Koenig.

PRONUNCIATION: doh-broh-LOOSH-koh hoh-ROH

MUSIC: Balkan Arts 701 EP "Folk Dances of Bulgaria", Side B, Band 2;
Balkan Arts BA329684 (45) "Dobrolushko Horo"

FORMATION: Single long lines; grasp L neighbor's belt almost at buckle, R neighbor's belt twd back, L arm over R. If not using belt hold, join hands in "V" pos.

STYLE: The dance is done with the knees bent and continually flexing on most counts. Steps are with full ft, with a rather heavy feeling.

STEPS: Step-hop: step on R (ct 1); hop on R (ct 2). May be done on L.

METER: 2/4

PATTERN

Meas

Introduction: Begin with the musical phrase

I. BAVNO (BAHV-noh) (Slow, "Basic step")

- 1 Facing ctr (or slightly R), step sdwd on R (ct 1); step L in front of R, with an accent (ct 2)
 - 2 Step sdwd on R, but keep L on ground (ct 1); release L (off the ground), bringing it bkwd (ct 2)
 - 3 Step back on L (ct 1); hold (ct 2)
- REPEAT Fig I as often as leader desires

II. DAJ GO ZIVO (digh go ZHEE-voo) (Do it lively)

Rpt Fig I with animation: *moving w LOD*

- 1 Take 2 running steps on R (cts 1,2)
- 2 Jump onto both ft (ct 1); hop on R (ct 2)
- 3 Step back on L *in LOD* (ct 1); hop on L with R *lifted* in front (ct 2)

III. TRI NA DJASNO (tree nah DYAHSS-noo) (Three to the R)

- 1 Step sdwd on R (ct 1); step on L behind R (ct 2) *tap R heel to R (optional) (ct 2)*
- 2-3 Rpt meas 1 two times
- 4 Step sdwd on R (ct 1); step on L beside R (ct &); step on R in place (ct 2)
- 5-8 Rpt meas 1-4 with opp ftwk and direction
- 9 Rpt meas 1
- 10 Rpt meas 4
- 11-12 Rpt meas 9-10 with opp ftwk and direction
- 13-16 Rpt meas 9-12

IV. IZHVURLI (eess-fur-LEE) (Kick)

- 1 Step fwd on R, raising L leg behind ready to kick fwd (ct 1); throw

Count

DOBROLUSHKO HORO (cont'd)IV. IZHVURLI (cont'd)

L leg fwd, keeping knee bent slightly (ct 2); raise L ft in front of R knee (ct &)

2

Hop on R while bringing L leg, still raised, bkwd (ct 1); step on L *back* in place (ct 2) *Chukche

Note: on ct 2, the L may step bkwd or behind R; action of L leg is continuous and smooth.

*Chukche is a hop that doesn't leave the ground

V. DJASNO/LJAVO (DYAHSS-noo LYAH-voo) (Right, left)

1 Step sdwd on R (ct 1); step L behind r (ct 2)

2 Step sdwd on R (ct 1); hop on R *as L kicks fwd* (ct 2)

3-4 Rpt meas 1-2 with opp ftwk and direction

REPEAT Figure as often as leader desires

VI. KURSI (kur-SHEE) (Snap, swing)

1 Displace L ft with R in a bkwd cutting movement, bringing L ft up in back with bent knee (ct 1); hop on R, extending L ft fwd (ct 2)

2 Rpt meas 1 with opp ftwk and direction

VII. NAPRED (nah-PRET) (Forward)

1 Leap fwd on R (ct 1); step fwd on L (ct 2)

2 Close R next to L with a click, no wt (ct 1); hold (ct 2)

lifting R foot L with slight flair in preparation

VIII. NAZAD (nah-ZAHT) (Backward)

1-2 Rpt Figure VII with same ftwk, moving bkwd

NOTE: Leader of the line calls how many steps fwd and how many steps back.

SEQUENCE SUGGESTIONS: The leader calls the fig by name, and the repetitions are determined by him. Normally the changes from Fig I to Fig II and from Fig II to Fig III are called. However, Fig III is usually done only once and is always followed by Fig IV once, followed by any number of repetitions of Fig V without their being called. The leader can change the number of times Fig III and Fig IV are done, but if he says nothing, the above is what is understood. It is nice to do Fig III, IV and V as a package. A similar situation obtains in Fig VII, where meas 1-2 comprise Napred (fwd), and meas 1-2 Nazad (bkwd) Fig VIII. Napred can be done any number of times in a row followed by any number of Nazad and not necessarily the same number of ea. Nazad is followed by Fig IV Izhvurli once if the leader doesn't say anything; this in turn is followed directly by Fig V Djasno/Ljavo. It is nice to time things so that Bavno, Fig I, can be repeated when Melody A returns.

A sequence sometimes used, which times the fig so Bavno is rpted when 1st melody of music returns: Fig I (13X); Fig II (5X); Fig III once+Fig IV once+Fig V twice; Fig III once+Fig IV once+Fig V once; Fig VI (8X); Fig VII (3X)+Fig VIII (3X)+Fig IV once+Fig V once; Fig VII twice+Fig VIII once+Fig IV twice+Fig V once. Then go back to Bavno again.