

DOBRUDŽANSKA PANDELA
Bulgaria

SOURCE: A dance from Dobrudža, Northeastern Bulgaria. The dance was presented by Jaap Leegwater at the 1984 San Diego S.U. Folk Dance Conference.

MUSIC: Cassett: "Bulgarian Folk Dances," Jaap Leegwater JL1984.02.

PRONUNCIATION: doh-broo-JAHN-skah PAHN-dah-lah

FORMATION: Lines with hands joined in "W" pos.

METER: 2/4

PATTERN

Meas

INTRODUCTION: 10 meas (no action)

FIG. I:

- 1 Facing ctr and dancing in place, step on R turning slightly diag R (ct 1); stamp L next to R, bend both knees (ct &); repeat ct 1 with opp ftwk turning slightly diag L (cts 2,&).
- 2 Repeat meas 1, cts 1,& (3 step-stamps in all) (ct 1); facing ctr, small jump onto both ft, with ft slightly apart (ct 2).
- 3 Move bkwd R,L,R,L with small walking steps.
- 4 Facing and moving RLOD, step R fwd (ct 1); stamp L next to R (ct &); step L fwd (ct 2); stamp R next to L (ct &). Body sways slightly R on ct 1, sways L on ct 2.
- 5 Repeat meas 4.
- 6 Repeat meas 1 (R diag, stamp L; L diag, stamp R).
- 7 Facing and moving diag R fwd into circle, step R fwd with large step on flat of ft, leg straight (ct 1); fall on L with plie, just behind R heel, raise R knee fwd slightly (ct &); repeat cts 1,& (cts 2,&).
- 8 Step R in place, turn slightly diag R (ct 1); stamp L next to R, bend both knees (ct &); turning to face ctr, fall on L in place and bring R next to L calf (ct 2).
- 9-16 Repeat meas 1-8.

PART II:

- 1 Facing ctr and moving sdwd R, small step R to R (ct 1); small step L next to R (ct &); repeat cts 1,& (cts 2,&). Steps are mainly on ball of ft and have a bouncy quality.
- 2 Small step R to R (ct 1) (sdwd R-close - 3 x); small step R to R (ct 2); turning diag R, bounce on R as lower L leg lifts diag L swd, knee bent (ct &).
- 3 Step L sdwd L into circle (ct 1); bend L knee slightly (ct &); turning to face ctr, step R bkwd (ct 2); bend R knee slightly (ct &).

cont

4 Turning and moving slightly diag L sdwd, step L to L (ct 1); stamp R twice in place with bent knees, bend slightly fwd from waist (ct &, 2).

5-16 Repeat meas 1-4, 3 more times (4 in all).

NOTE: Hands stay in "W" pos, but move gently and slightly down and up on every main ct during Fig II.

PART II:

1 Facing and moving LOD, do 2 leap-steps fwd, beg R (RL-RL).

2 Turning to face ctr and dancing in place, hop on L, raise R knee (ct 1); stamp R heel in place, without wt (ct &); leap onto R, raising L knee (ct 2); stamp L heel in place, without wt (ct &).

Arms: Raise diag up and fwd, elbows straight, hands swing fwd and down (cts 1, &); then back, fwd and up (cts 2, &). Hands return to "W" pos on ct 1 of next meas. (Over the waterfall).

3 Facing and moving RLOD, do 1 "two-step," beg L: Step L fwd (ct 1); small step R fwd next to L heel with slight plie (ct &); step R fwd (ct 2); bend L knee, moving R fwd (ct &).

4 Do 1 "two-step" fwd, b R (RLR).

5 Turning to face LOD and moving diag L bkwd, do 1 "two-step," beg L (LRL).

6-10 Repeat meas 1-5, once more (2 in all).

Repeat dance from beginning once more.

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Presented by Thea Huijgen

S.D.S.U. Folk Dance Conference Afterparty, Sept. 22, 1984.