

(DOH-BROOD-YANN-SKAT X RUN-KAM)

DOBRUDZANSKA REKA
(Bulgaria-Dobrudza)

Line dance for women only

SOURCE: Learned in Sofia, Bulgaria from "Ansambl Sredec", summer 1968 by Camille Brochu of Montreal.

RECORD: XOP0 X-318-A (45 rpm)

RHYTHM: 2/4

STARTING POSITION: Women in line or open circle, hands joined at shoulder height.

STYLING: The women of Dobrudza dance with much feeling but with much more calm and simplicity than the men. Head movements and slight twists of the shoulders are present all through the dance and the hands are in constant motion which is why the dance is called "REKA" (the hand). Women of Dobrudza often shout: "JU-JU-JU-JU-JU-JU-JU" etc.

Measure

Figure 1
(Basic Step)

- 1 Facing slightly and moving right, step on ball of right foot (1) stamp on left foot next to right (and) step on ball of left foot (2) stamp on right foot next to left (and)
- 2-16 REPEAT pattern of measure 1

* All through this figure the arms are marking time at shoulder height. Figure 1 is an introduction figure and is done only for the first 16 measures. The rest of the dance uses figures 2-6 repeated altogether TWICE till the end.

Figure 2

- 1 Facing forward with hands on hips fingers in front, step on right foot turning body to face right (1); stamp left foot next to right (and). still facing right stamp on left foot sideways left (2); stamp right foot next to left (and).
- 2 Still facing right, step sideways right on right foot (1) stamp left foot next to right (and) step on left foot turning body to face forward (2); stamp right foot next to left (and).
- 3 Step on right foot sideways right turning body to face left (1); stamp left foot next to right (and). facing center step on left foot sideways left (2) stamp right foot next to left (and)
- 4 Still facing forward, step on right foot sideways right (1) stamp left foot next to right (and) facing left step on left foot sideways left (2) stamp right foot next to left (and)
- 5-16 REPEAT pattern of measures 1-4

Figure 3

- 1 With hands joined down and facing center, step on right foot sideways right sending arms backward (1) step on left foot crossing in front right sending arms forward (and) REPEAT same pattern (2, and)

(continued)

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(continued)

Measure Figure 3 (continued)

- 2 Step on right foot in place sending arms backward (1)
stamp once with left foot forward bringing arms forward
(and) do SAME reversing footwork (2, and)
- 3-16 REPEAT pattern of measures 1-2

Figure 4

- 1-2 Do ~~four~~ ^{two} "basic steps" moving directly forward. Arms swing
forward on "1 and" and backward on "2 and".
- 3 HOP on left foot in place bringing arms up high above head
(1) stamp with right foot next to left (and) LEAP onto
right foot in place (2) STAMP left foot next to right (and)
- 4 LEAP onto left foot in place (1) stamp with right foot in
place (and) stamp again with right foot in place bringing
arms down at shoulder height (2)
- 5-16 REPEAT pattern of measures 1-4

Figure 5

- 1 Facing slightly and moving right, with arms high above head
(hands joined) one "basic-step" (1 and, 2 and)
- 2 Facing slightly left and moving BACKWARD, one "basic-step"
(1 and, 2 and)
- 3 Facing center, step sideways right on right foot (1) sharp
BRUSH step next to right with left foot (and) step on left
foot in place bringing arms down (2) bring arms forward ~~up~~
(and)
- 4 Stamp with right foot in place bringing arms down (1)
bring arms up forward (and) REPEAT same (2, and)
- 5-16 REPEAT pattern of measures 1-4

Figure 6

- 1 REPEAT pattern of figure 4, measure 1
- 2 Step back on right foot sending arms forward (1) step back
on left foot (and) step forward on right foot sending arms
backward (2) stamp in place with left foot (and)
- 3 LEAP onto left foot in place, bringing arms up high (1)
stamp on right foot next to left bringing hands down at
shoulder height (and) step back on right foot at the same
time stretching left leg forward with foot touching floor
and pointing right (PIGEON-TOED) at the same time arms are
stretched forward left and head is pointed slightly right
(2)
- 4 Step on left foot diagonally left forward bringing hands up
at shoulder height (1) stamp twice on right foot next to
left at the same time moving arms slightly up and down
(and 2)
- 5-16 REPEAT pattern of measures 1-4

* NOTE: It is impossible on this "Q" sheet to fully describe
and break down all the various hand, shoulder and head
movements which form part of the typical style of Dobrudža.

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Description by Yves Moreau