

DOBROUDZANSKA REKA
(Bulgaria-Dobrudza)

Line dance for women only

SOURCE: Learned in Sofia, Bulgaria from "Ansambl Sredac", summer 1968 by Cernille Brochu of Montreal.

RECORD: XOPD X-318-A (45 rpm)

RHYTHM: 2/4

STARTING POSITION: Women in line or open circle, hands joined at shoulder height.

STYLING: The women of Dobrudza dance with much feeling but with much more calm and simplicity than the men. Head movements and slight twists of the shoulders are present all through the dance and the hands are in constant motion which is why the dance is called "REKA" (the hand). Women of Dobrudza often shout: "3U-3U-3U-3U-3U-3U" etc. LUV, LUV, LUV... (PRONOUNCED -

Measure

Figure 1
(Basic Step)

LYOO, LYOO,...

- 1 Facing slightly and moving right, step on ball of right foot (1) stamp on left foot next to right (and) step on ball of left foot (2) stamp on right foot next to left (and)
 - 2-16 REPEAT pattern of measure 1
- * All through this figure the arms are marking time at shoulder height. Figure 1 is an introduction figure and is done only for the first 16 measures. The rest of the dance uses figures 2-6 repeated altogether TWICE till the end.

Figure 2

- 1 Facing forward with hands on hips fingers in front, step on right foot turning body to face right (1) stamp left foot next to right (and) still facing right stamp on left foot sideways left (2) stamp right foot next to left (and)
- 2 Still facing right, step sideways right on right foot (1) stamp left foot next to right (and) step on left foot turning body to face forward (2) stamp right foot next to left (and)
- 3 Step on right foot sideways right turning body to face left (1) stamp left foot next to right (and) facing center step on left foot sideways left (2) stamp right foot next to left (and)
- 4 Still facing forward, step on right foot sideways right (1) stamp left foot next to right (and) facing left step on left foot sideways left (2) stamp right foot next to left (and)
- 5-16 REPEAT pattern of measures 1-4

Figure 3

- 1 With hands joined down and facing center, step on right foot sideways right sending arms backward (1) step on left foot crossing in front right sending arms forward (and) REPEAT same pattern (2, and)

(continued)

DOBRUDŽANSKA ROKA

(continued)

Measure

Figure 3 (continued)

- 2 Step on right foot in place sending arms backward (1) stamp once with left foot forward bringing arms forward (and) do SAME reversing footwork (2, and)
- 3-16 REPEAT pattern of measures 1-2

Figure 4

- 1-2 Do four "basic steps" moving directly forward. Arms swing forward on "1 and" and backward on "2 and".
- 3 HOP on left foot in place bringing arms up high above head (1) stamp with right foot next to left (and) LEAP onto right foot in place (2) STAMP left foot next to right (and) LEAP onto left foot in place (1) stamp with right foot in place (and) stamp again with right foot in place bringing arms down at shoulder height (2)
- 5-16 REPEAT pattern of measures 1-4

Figure 5 (ON MEAS 1 & 2, ARMS MOVE LIKE WAVING WHEAT)

- 1 Facing slightly and moving right, with arms high above head (hands joined) one "basic-step" (1 and, 2 and)
- 2 Facing slightly left and moving BACKWARD, one "basic-step" (1 and, 2 and) ~~ARMS COME DOWN TO "W" POS AT SHOULDERS~~ ^{ON 2nd STEP}
- 3 Facing center, step sideways right on right foot (1) sharp BRUSH ~~next to right with left foot~~ (and) step on left foot in place bringing arms ~~down~~ ^{BACK} (2) bring arms forward ^{up} (and)
- Stamp with right foot in place bringing arms ~~down~~ ^{BACK} (1) bring arms ~~up~~ forward (and) REPEAT same (2, and)
- 5-16 REPEAT pattern of measures 1-4

Figure 6

- 1 REPEAT pattern of figure 4, measure 1
- 2 Step back on right foot sending arms forward (1) step back on left foot (and) step forward on right foot sending arms backward (2) stamp in place with left foot (and)
- 3 ~~STEP~~ LEAP onto left foot in place, bringing arms up high (1) stamp on right foot next to left bringing hands down at shoulder height (and) step back on right foot at the same time stretching left leg forward with foot touching floor and pointing right (PIGEON-TOED) at the same time arms are stretched ~~forward~~ ^{left} and head is pointed slightly ~~right~~ ^{left} (2)
- 4 Step on left foot diagonally left forward bringing hands up at shoulder height (1) stamp twice on right foot next to left at the same time moving arms slightly ~~up and down~~ ^{DOWN} (and 2)
- 5-16 REPEAT pattern of measures 1-4

* NOTE: It is impossible on this "Q" sheet to fully describe and break down all the various hand, shoulder and head movements which form part of the typical style of Dobrudze.

First presented at
San Francisco KOLO FESTIVAL
November, 1968

Description by Yves Moreau

PAGE 15

DOBRUDŽANSKA ROKA