

Dobrudžanski Buenek

(Bulgaria)

Buenek or Buenets is the name used for simple "walking"-type dances usually done by women to an accompanying song. This version is an arrangement by Yves Moreau of typical steps from Dobrudža set to a song by famous Dobrudzan singer Eva Georgieva of the famous "Trio Bulgarka" group.

Pronunciation:

Cassette: YM-UOP-91.

2/4 meter

Formation: Line or open circle, hands joined in "W" pos. Wt on L, face slightly R of ctr.

Style: Small steps, somewhat heavy and proud.

Meas

Pattern

4 meas INTRODUCTION. (jingles) No action.

- 1 Step fwd on R (ct 1); low scuff fwd with L ft next to R (ct 2). Note: Upper body and arms sway slightly R.
- 2 Step fwd on L (ct 1); low scuff with R ft next to L (ct 2). Note: Upper body and arms sway slightly L.
- 3-8 Repeat meas 1-2 three more times.
- 9 Turning to face ctr, step on R to R (ct 1); step on L behind R (ct 2).
- 10 Repeat meas 9.
- 11 Step on R to R (ct 1); small stamp with L next to R (ct 2).
- 12 Stamp again with L next to R (ct 1); hold (ct 2).
- 13 Pause. At this moment, dancers shout "yoo"(while on recording there are two drumbeats.
Arms: on meas 9-10, arms go fwd and down. On meas 11 they are back to "W" pos, and on meas 11-12, they do two sharp "pulling" motions (one on each stamp).
- 14-25 Repeat meas 1-12 with opp ftwk and direction.
- 26 Facing ctr, small step fwd on R (ct 1); step on L next to R (ct 2).
- 27-31 Repeat meas 26 five more times.
- 32 Sharp heavy step on R (ct 1); sharp heavy stamp with L (ct 2).
- 33 Sharp heavy stamp with R (ct 1); pause (ct 2).
Arms: For meas 26-31, arms do slight up & down motion. On meas 32-33, arms extend fwd and down to sides.
- 34-41 Repeat meas 26-33 but backing away from ctr. Arms do same motions.
- 42-45 Remain in place facing ctr, wave arms from R to L twice with slight "cucke" on heels and shout "yoo-yoo-yoo-yoo-yoo-yoo-yoo" (7 times).

Repeat dance from the beginning.

Presented by Yves Moreau