

DOĞUDAN
(Turkey)

SOURCE: This is a medley of 3 dances: Delile, from Diyarbakir; Nare, from Van; Sallama, from Agri. All 3 dances from Eastern Turkey. Delile and Nare are in Halay style. Sallama is in Bar style.

TRANSLATION: Doğu is East; dan means from - From the East.

PRONUNCIATION: Doğudan - dôû don

MUSIC: Sicak '91, AL 006

FORMATION: Facing ctr, little finger hold

METER: 4/4, 6/4, 4/4

PATTERN

Meas

Introduction:

FIGURE 1 (Delile)

21 1/2
8/4

Facing ctr, little finger hold, arms bent at elbows & parallel to the ground.

Step on R diag to R (ct 1); step on L crossing R (ct 2);

Step on R to R (ct 3); tch L heel next to R (ct 4);

Step back on L (ct 5); step back on R (ct 6); step back on L (ct 7);

Tch R heel in place next to L (ct 8)

**Rpt these 8 cts 10 times

FIGURE 2

This is the second variation of Figure 1, the only difference is on ct 5. Instead of stepping back on L, still step back on L & bend both knees (ct 5). The rest is the same.

**Rpt these 8 cts 11 1/2 times.

FIGURE 3A (Nare)

Facing ctr, arms up, bent from elbows, tch L heel half ft fwd (ct 1);

Step on L, turn LOD, bring arms down, R elbow straight, bend L

elbow on the back (ct 2); tch R heel (ct 3); step on R fwd (ct 4);

Tch L heel (ct 5); step fwd on L (ct 6)

FIGURE 3B

Tch R toe fwd (ct 1); step back on R (ct 2); step back on L (ct 3);

Step back on R (ct 4); step back L start turning to ctr (ct 5);

Step on R in place, turn to ctr, drop arms down (ct 6)

FIGURE 3C

Tch L toe back, swing arms back (ct 1); step on L fwd, bring arms fwd parallel to ground, straight elbows (ct 2); tch R toe fwd

(ct 3); step R back (ct 4); tch L toe at side of R (ct 5);

Bring L fwd & step on it, bouncy, both knees bent (ct 6)

DOĞUDAN (cont'd.)FIGURE 3D

2 quick hops on both ft, L is in front (cts 1,&); bend both knees and bounce in place (ct 2); rpt cts 1,& (ct 3); rpt ct 2 (ct 4); Hop on both in place, bring back to orig place, bent elbows (ct 5); Stay in pos (ct 6)

**Rpt Figure 3 four times.

FIGURE 4 (Sallama)

Facing ctr, arms go up on shldrs slowly.
Step on R to R (ct 1); tch L toe next to R (ct 2);
Step on L to L (ct 3); tch R toe next to L (ct 4);
Rpt cts 1-4 (cts 5,6,7,8)

**Rpt these 8 cts 4 times

FIGURE 5

Bounce on both knees down (ct 1); 2 quick bounces on both knees down (ct 2); bounce on both knees down again (ct 3); 1 quick bounce on both knees (ct 4); pull L knee fwd (ct &); bounce on L knee, pull R knee fwd (ct 5); bounce on L knee, hold R knee in the front (ct 6); pull R knee back, L knee goes fwd (ct 7); Pull L knee back, R knee goes back (ct 8)

**Rpt these 8 cts 6 or 8 times

FIGURE 6

Hop on both ft in place, bending knees (ct 1); 2 quick hops on both, in place (ct 2); rpt ct 1 (ct 3); 1 quick hop on both (ct 4); Hop on R in place, lift L back (ct &); hop on L in place, kick R fwd (ct 5); hop on R in place, kick L fwd (ct 7); hop on L in place, kick R fwd (ct 8)

TO FINISH: Complete Figure 5, then bring R back, place it next to L and say "HEY!".

Presented by Ahmet Lüleci ©
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