

## The Domino

This dance, now a favorite in Polish halls, is an excellent example on variation on a theme by nationality communities. The original dance was (apparently) the Russian Polka-Kokietka; since in most of our Slavonic communities in the Eastern United States, the same orchestras play for Russian, Ukrainian, Slovak and Polish affairs, the tune was a standard item in Polish dance circles, and they soon altered the original pattern to fit their ideas. The most popular version is the one first described; however the other variations seem to be growing in popularity . . . perhaps in time they may crystallize into some sort of set sequence.

Music: The Domino Polka, or Polka Kokietka  
(Kismet record #104, Sonart record #S-109)

Couples in Varsouvienne Position. Both start with same foot.

### (A)

Bring left foot up in front of right ankle, toe down, hopping on the right foot (lightly) . . . . . Slow count 1  
Straighten the left knee, extending the left foot forward, toe pointed forward . . . . . Slow count 2  
With 3 steps in place turn (Clockwise) on own pivots, without releasing holds, to face in the opposite direction . . . Quick count 1,2,3

Repeat all, starting with the right foot.

### (B)

Three polka steps directly forward (counter-clockwise around the room) . . . . . Quick counts 1,2,3; 1,2,3; 1,2,3  
Three stamps (R-L-R) . . . . . Quick count 1,2,3

### Variation (1)

In (B); two polka steps, then girl spins twice under man's arm as he takes two more polka steps forward.

### Variation (2)

In (A); instead of turning on own pivot to face other way, the man lifts his right hand over girl's head and they step back away from each other with crossed hands. Heel up and straighten movement and return to varsouvienne position.

### Variation (3)

In (A); instead of turning on own pivots, lady moves 3 little steps to left; man 3 little steps to right, exchanging positions. Heel up and straighten movement and reverse direction back to place.

### Variation (4)

In (A); heel up and straighten movement (slow counts 1 and 2) then release left hands, the man takes 3 little steps backwards away from girl, while the girl turns once (clockwise) under the man's right arm. (Quick count 1,2,3) The heel up and straighten is now repeated at arm's length facing each other, (Slow counts 1 and 2). Man steps forward to girl as she turns counterclockwise under his right arm to resume the varsouvienne position. (Quick counts 1,2,3)