

# DOUBLE CLAP POLKA MIXER

(Doudlebská Polka)

(Czechoslovak mixer)

Record: Folkraft 1413x45A

Formation: Couples anywhere around the dancing area. Unattached "singles" will find an excellent opportunity in Part III to "steal" a partner.

Music 2/4

Measure

PART I — Polka promenade (Music A)

1-16

Sixteen polka steps with partner in ballroom position.

PART II — Wheel promenade (Music B)

17-32

Couples form one or more "wheels"—man's left hand on shoulder of man ahead and his right arm around partner's waist, woman's left hand on partner's right shoulder—and all promenade counterclockwise singing, La, la, la, la, "etc. with the music.

PART III (Music C)

33-48

Women leave partners and turn half around to polka clockwise in a single circle around the men; meanwhile men turn to face center and, to each measure of music, clap own hands twice then extend arms sideward to clap once with neighbors (counts 1-and-2). Unattached "singles" sneak in here. At the end each man turn around to find new partner.

REPEAT entire dance with new partner.

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