

# DOUDLEBSKÁ POLKA

This polka mixer was learned in Czechoslovakia by Jeannet Novak,

RECORD:

← Folk Dancer MH-3016-B "Doudlebska Polka."

FORMATION:

Couples in closed position any place on the floor.

STEPS:

Polka, Walk.

MUSIC 2/4

PATTERN

Measures

4

INTRODUCTION

## I. POLKA

A 1-16

Take 16 polka steps turning CW and progressing any place on the floor.

## II. WALK AND STAR

B 17-32

In open position, W free hand on hip, walk CCW into one big circle. (When group is large, smaller circles of any number of couples may be formed.) M form star with L arms outstretched, hands on L shoulder of M in front. All sing, "Tra-la-la, etc" throughout this figure.

## III. M CLAP, W CIRCLE

C 33-48

M face ctr and clap hands throughout figure as follows: Clap own hands (ct 1), clap own hands (ct. 8), clap hands of M on sides, shoulder high ct. 2). W turn ½ CW and take 16 polka steps CW around M circle. (If there is more than one circle, W may change freely from one M circle to another) W hands on hips.  
At end of meas 48 M turn around and begin dance again with new ptr.

NOTE: Extra M may join dance during Fig. II, joining star without ptr. Extra W may join dance during Fig. III.