

DREI SÄCHE KREUZPOLKA
FROM THE CANTON BERN, SWITZERLAND

-2-

SOURCE: "THREE THINGS CROSS POLKA" REFERS TO THE FACT THAT THERE ARE THREE DIFFERENT CROSS-POLKA STEPS IN THIS DANCE. THE DANCE IS PRESENTED AS INTRODUCED BY JANE FARWELL AT THE REUNION AND INSTITUTE OF THE STOCKTON FOLK DANCE CAMP, FALL 1954.

MUSIC: FOLK DANCER MH 1113-B. THE MUSIC OF THE SWISS KREUZPOLKA AND POLKA, ALTHOUGH WRITTEN IN 2/4 METER HAS THE TEMPO OF 4/4 METER AND HAS THE QUALITY OF OUR SCHOTTISCHE.

FORMATION: COUPLES FACING CENTER, HOLDING INSIDE HANDS (SHOULDER HIGH). OUTSIDE HANDS ON HIPS.

STEP: KREUZPOLKA (CROSS-POLKA). OBERLÄNDER KREUZPOLKA (MOUNTAIN CROSS POLKA). DREH KREUZPOLKA (TURNING CROSS POLKA).

MEAS. INTRODUCTION - FOUR MEASURES.

I. CROSS-POLKA TO THE CENTER OF CIRCLE

1-2 TAKE ONE CROSS-POLKA STEP FWD STARTING OUTSIDE FT. (THAT IS STEP-TOGETHER-STEP (1 MEAS), THEN SWING INSIDE FT FWD, TOUCHING HEEL, (CT 1 &), THEN TOE (CT 2). RELEASE HANDS, TURN IN TOWARD EACH OTHER TO FACE OPPOSITE DIRECTION.

3-4 REPEAT CROSS-POLKA STEP AWAY FROM CIRCLE.

5-8 IN CLOSED DANCE POSITION, TAKE 4 "SCHOTTISCHE-HOPS" MAKING 2 TURNS CW WHILE PROGRESSING CCW. A "SCHOTTISCHE-HOP" IS HOP, STEP-CLOSE-STEP, COMPARABLE TO OUR POLKA.

9-16 REPEAT ACTION OF MEAS. 1-8.

II. OBERLÄNDER KREUZPOLKA

17-18 COUPLES FACE CCW, INSIDE HANDS JOINED, OUTSIDE HANDS ON HIPS. TAKE 3 WALKING STEPS FWD, STARTING OUTSIDE FT. SWING INSIDE FT FWD, HOPPING ON OUTSIDE FT. RELEASE HANDS, TURN IN TOWARD EACH OTHER TO FACE OPPOSITE DIRECTION.

19-20 REPEAT ACTION OF MEAS. 17-18, ONLY CW.

21-24 REPEAT SCHOTTISCHE-HOPS TURNING (FIG. 1, MEAS. 5-8).

25-32 REPEAT ALL OF FIG. 11.

III. CROSS-POLKA TO THE CENTER

1-16 SAME AS FIG. 1.

IV. TURNING CROSS-POLKA

33 PARTNERS FACING, HANDS ON OWN HIPS. STARTING OUTSIDE FT TAKE 2 PIVOT STEPS TO MAKE A COMPLETE TURN, M TO L, W TO R.

34 M STEPS L, CROSS R TOE IN FRONT OF L. W OPPOSITE.

35-36 REPEAT (MEAS. 33-34) OPPOSITE DIRECTION (CW).

37-40 REPEAT SCHOTTISCHE-HOPS TURNING (FIG. 1, MEAS. 5-8).

41-48 REPEAT ALL OF IV.

V. CROSS-POLKA TO CENTER

1-16 SAME AS FIG. 1.

Errata: The dance is complete as written when danced once. When danced twice, as is done when dancing to the record, the last meas. A 1-8 are a concluding

phrase at the end of the dance.