

DREIFACHE KREUZPOLKA
(Switzerland)

93

Music: Records: Amadeo SVRS EP 17158, Columbia SEVZ 554, Columbia SEVZ 533.

Formation: Cpls in a circle, facing ctr. Inside hands joined. Free hands on hips.

Measures Pattern

- FIG I**
1-2 Move twd ctr of circle, starting with outside ft with a step-together-step, heel-toe (heel-toe is done with inside ft, toe is slightly crossed over outside ft). Half a turn inwards, facing away from ctr. Release hands.
3-4 Join inside hands and do another step-together-step, heel-toe starting with outside ft, away from ctr.
5-8 Take ballroom pos and move around the circle in LOD with 2 turns CW, doing 4 step-together-steps (4 two-step turns), giving it the special Swiss bounce.
9-16 Repeat action of meas 1-8.
- FIG II**
17-18 Cpls now stand side by side, face in LOD. Inside hands joined. Do 3 steps fwd (start with outside ft) and 1 hop, swinging inside ft fwd, half a turn inwards and do not release hands.
19-20 Same as meas 17-18, but in opp direction.
21-24 Repeat meas 5-8.
25-32 Repeat meas 17-24.
- FIG III**
1-16 Repeat Fig I.
- FIG IV**
33-34 Face ptr with both hands on hips, W facing into ctr, M out. M turn to L, W to R, once completely around using 3 steps (M starts L, W R). On the 4th ct cross M R, W L toe over.
35-36 Same as meas 33-34, but in opp direction with opp footwork.
37-40 Repeat meas 5-8.
41-48 Repeat meas 33-40.
- FIG V**
1-16 Repeat Fig I.

Presented by Carmen Irminger