

ART & METHA'S RECORD CHEST
920 S.W. Broadway
Portland, 5, Oregon

Introduced by Walter Grothe as taught to him by Margeret Krebs.

A dance for three, one man and two women, from Styria, one of the Austrian Bundesstaaten.

Music - recommended substitute - RCA 25-4147B

Formation: sets of three, One man and two women; man in center. Except in beginning and end hands are joined and must not be broken. In beginning and end free hands of Women are on hips.

Step: A Laendler step on whole foot, rolled off from heel to toe. The step developed from a fast walking step and consists of one large (1) and two small (2 and 3) steps. Step, step, close. Large, small, small. Must be executed even flowing without sway or bounce or stamp. The step is executed all through the dance. Posture firm and erect. A great deal of flirtation and play between the man and his partners all through the dance.

PATTERN

Measure Figures

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|--------|----|--|
| 1-8 | 1 | Entrance. With their backs to the wall the threesome enters, man in center, two W at his side. M holds inside R hand with R girl shoulder high, extends L arm across his chest and L girl holds his L hand in back of M at his R side. All 3 facing center of circle and move in, starting with L ft. |
| 9-16 | 2 | M unwinds under his own R arm and both girls turn inward under M's raised hands at his side, all now move in LOD. |
| 17-20 | 3 | M raises R hand, L W moves under the arch back to her side. M turns with her (R hand up, L under). Free hands of W on hip. Inactive W steps in place. |
| 21-24 | | Same with R W going under L hand arch. |
| 25-32 | 4 | All join hands and circle CW. Circle well extended, hands remain joined until last figure, without breaking hold. |
| 33-40 | 5 | Single Window. M swings both arms fwd under W's arms, W turn out and form window. M has his arms straight in front of him with elbows bent up at about 90 degrees. W face each other and are in a 90° angle to M. R W's R arm and L W's L arm rest on M's arm, the other arms high to form the window. M flirts through windows with girls. All turn CCW in this position. |
| 41-48 | 6 | Unwind and all turn CW. |
| 49-56 | 7 | Form Single Window same as in Fig. 5, but turn CW. |
| 57-64 | 8 | Unwind and all turn CW. |
| 65-72 | 9 | Single Knot. M bends over in an about 90° angle from waist, places both hands under his R armpit, turns CCW one complete turn, then raises, pulls the R W thru and the L W, arms well extended. |
| 73-80 | 10 | All circle CW. |
| 81-88 | 11 | Double Knot. M bends over as in single knot, turns two complete turns CCW, while W continue circling with him. Then M rises and pulls both W through twice, first R W, then L W, then R again, then L again. Finish circling CW. |
| 89-104 | 12 | All circle CW. |

Contd, over

AUSTRIAN BREISTEYRER

167-C

CONT'D

Measure Figures

Pattern

- 105-112 12 DOUBLE WINDOW. M raises L arm, turns R, steps through under joined hands of girls, all lower hands and circle CW in crossed hand position.
- 113-120 13 W turn out to form double window, same as in single window position (fig. 5); all turn CW.
- 121-128 14 Unwind and circle CW.
- 129-137 15 All circle CW
- 138-153 16 M raises both hands over and behind W's heads; W likewise raise joined hands over and behind M's head; All rest arms on each other's shoulders. In this position circle CW for 8 measures, then reverse and circle CCW for 6 measures and unwind on 2 measures.
- 154-161 17 Right W raises L arm, turns R so that her back is towards the joined hands of Left W and M. M and Left W kneel down on outside knees (M's R, W's L). Right W steps over joined hands backwards, the other two rise, unwind and circle CW.
- 162-169 18 Same with Left W stepping through.
- 170-177 19 Same with M stepping through.
- 178-185 20 M raises L arm, turns R, then breaks hold with both W. Places arms on W's outside shoulders. W take firm inside hand-wrist hold (outside hands on hips). M sits on joined inside hands of W, supports himself strongly on outside shoulders. W carry M off in this position.

CW- Clockwise
 CCW- Counter-clockwise
 M- Man
 W- Woman
 R- Right
 L- Left

(NOTE:- In doing this dance DO NOT HANG ON TIGHT, let the fingers swivel in each other hands. RELAX - RELAX).