

PIRŠLYS

Side 1, Band 1 MATCHMAKER POLKA (Lithuanian)

A Lithuanian style Polka Mixer that's fun to do, easy to learn, and very usable to break the ice at your dance affairs.

Starting Position - A circle with all hands joined. W to the R of M. All start figure 1, with L ft. A Polka step is used throughout the dance.

FIGURE 1A All circle to the L with 7 Polka Steps and a Stamp. 8 Measures.

1B All circle to the R with 7 Polka Steps and a Stamp. 8 Measures.

FIGURE 2A All assume closed dance position, and dance 8 Polka steps around in a circle. Do not lose your position in circle. 8 Measures.

2B Face partner in one single circle with R hands joined. Each dancer moves forward, passing partner, dropping R hands, and joining L hands with next person in the circle. Continue this Grand Right and Left for 8 measures. Finish with a new partner.

Start dance from beginning, and continue for rest of music.

MDX-900

Side 1, Band 2 KUBILAS (The Tub - Lithuanian)

Source - Dance description from "DANCES OF LITHUANIA" by V. F. Beliajus.

Starting Position - Closed circle, W to the right of M, all hands joined in back. M's hands joined, W's hands joined.

Steps Used - Basic step in this dance is a Gallop. If moving to R, start R ft, if to the L, start L ft. Circle should contain no more than 8 couples.

FIGURE 1

Measures 1-8 Circle moves to the R with 7 gallop steps and a jump on both feet.

Measures 9-12 Circle now breaks up into couples. M's R hand around W's waist, her hand on his L shoulder, free hand on hips. In this position continue to gallop in place, M moving Fwd, W moving Bwd. On last measure, M turns away from partner with a leap, landing on both feet.

FIGURE 2

Measures 1-8 All M to the center of circle, facing in, place hands on each others shoulders, while W, with their backs toward center of circle, raise L hand, hold skirt with R. In this position all gallop to their left.

Measures 9-12 Continue to gallop until you are in front of your partner.

FIGURE 3

Measures 1-8 Partners join both hands, R arms across each others chests, with R shoulders adjacent, leaning away from each other. In this position Gallop in place, spinning around each other.

Measures 9-12 Continue to spin around for 4 more measures, ending with a jump.

FIGURE 4

Measures 1-8 All W step to center, place hands on each others shoulders and gallop to R. M join hands and Gallop to L. All jump on 8th measure. Measures 9-12 Continue to gallop until you are near your partner. On 12th measure all jump again.

FIGURE 5 - Repeat figure 2 again

FIGURE 6 - " " 3 "

FIGURE 7 - " " 4 " , ending of music.

MDX-900

PLETYONKA

Side 1, Band 3 THE BRAID (Ukrainian Dance Mixer)

This Ukrainian mixer has several melodies that it is danced to. Here is a danceable tempo for all to enjoy.

FORMATION Circle of couples, M on the outside facing his partner whose back is to the center of dance area. There is an 8 measure introduction to the dance.

Measures

1- Hop on L and point R toe at same time. Hop on L again, placing R heel fwd.

2-4 Repeat Measure 1 starting with R, then repeat Measures 1 and 2 again. (4 meas. in all)

5-8 Hook R elbows with partner, dance around each other with 4 light running Two-Steps, ending back to place.

9-14 Men face in, W face out, hook L elbows with corner girl and all move toward M's R with 6 running Two-Steps.

15-16 Release R elbow hold with original partner and walk around four steps retaining your L elbow hook. At the end of the walk, start dance again with a NEW partner. Each time dance is completed M will have a new partner.

Continue dance until end of music. MDX-900

Side 1, Band 4 DRMES (Croatia)

The Drmes, or Shake Dance, is a typical dance of Croatia in Yugoslavia. Below is described a typical Drmes dance using some of the traditional steps.

FORMATION - A closed circle of partners with a basket hold. Grasp hand of second person on either side, joining them in back of the person next to you.

Part 1, 16 Measures

1 - Step R ft in place with emphasis, bending knee and extending L ft fwd. Pause and step L in place with knee straight. Step R in place, knee straight. Repeat again but start with L ft.

2-16 Continue alternating R and L ft. A shaking effect is felt while performing this step, and should be stressed. Steps are very quick and feet should be kept very slightly off the ground while you are stepping.

Part 2, 16 Measures

1 - Step to L with R ft, crossing in front of the L, with a slight bend of the knee. Leap slightly onto L with toe in front.

2-16 Continue step to end of musical phrase, 16 measures in all.

Part 3

Still in formation, group moves to the L starting with R ft with 10 steps, bouncing slightly with each one, then stamps 4 times in place. (RLRL). Immediately get ready to start dance from the beginning again. MDX-900

SLOVENIA VALS

Side 1, Band 5 WALTZ FROM SLOVENIA

Described here is a collection of traditional steps arranged for this particular music. Slovenia, although part of Yugoslavia now, was for many years part of the Austro-Hungarian Empire, and their culture reflects this in their dances. Acknowledgment is made to Mr. Richard Crum of Pittsburgh, who several years ago introduced this type of dance to Folk Dance Groups throughout the country and it has since become a popular number. This arrangement has also been approved by native Slovenians in several parts of the country.