

## Dudácká Polka

(Czechoslovakia)

Dudácká (DOO-dahts-kah) Polka is a couple dance from Plzeň. It was introduced by František Bonuš at the 1979 Mendocino Folklore Camp and then taught by him at various other institutes and camps.

- RECORD: Panton 11-0221 (cover may say 01-0221) Side A/1 2/4 meter
- FORMATION: Couples at random, in closed (ballroom) pos with M facing LOD. M has L shldr twd ctr and joined hands are held about waist level and slightly out to side.
- STEPS and STYLING: Czech Polka (1 to a meas): May be danced in any direction. Step on L (ct 1); step on R beside L (ct &); step on L (ct 2); small hop on L (ct &). Step alternates. The Czech Polka varies from most polkas because the hop is on the last 8th note. Most polkas start with a hop on the last 16th note (upbeat) of the preceding measure.
- Step-Lift (2 to a meas): Step on L (ct 1); lift L heel (ct &); repeat with opp ftwk (cts 2,&).
- Slow Buzz (1 to a meas): To turn CW, step on R in front of L, bending knees (ct 1); step on ball of L to L, straightening knees (ct 2). Step repeats exactly.
- Fast Buzz (2 to a meas): Same ftwk as Slow Buzz but danced twice as fast (cts 1,&,2,&).
- Skip (2 to a meas): Step on R (ct 1); hop on R (ct ah); repeat with opp ftwk (cts 2,ah). When free, hands are on hips with fingers fwd.
- Ftwk described for M, W use opp ftwk unless otherwise noted.

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### MUSIC 2/4

### PATTERN

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#### Measures

2 meas INTRODUCTION No action

#### I. SIDE-CLOSE AND POLKA

- 1-2 Moving twd ctr, step on L to L side (meas 1). Softly close R to L (meas 2).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-8 Repeat meas 1-4. On meas 8, M end with back to ctr.
- 9-16 Dance 8 Czech Polkas, turning CW and progressing in LOD. End with M facing LOD.

NOTE: Mr Bonuš would often take the first 10 meas as an introduction, leisurely escorting his ptr onto the dancing area and into closed pos. He would omit Fig I entirely and dance Fig II 1 1/2 times (24 meas). Fig I, as written in this description, was presented at the 1982 Statewide Institute in Concord and is the version most often danced.

#### II. ONE STAMP AND POLKA

- 1 Moving twd ctr, step on L to L side (ct 1); step on R beside L (ct &); step on L to L side (ct 2); hold (ct &).
- 2 Stamp R beside L (no wt), bringing joined hands up and in (bend elbows) while bending body away from ctr (ct 1); hold (ct 2).
- 3-4 Moving away from ctr, repeat meas 1-2 with opp ftwk, returning joined hands to orig pos and bending body twd ctr. On meas 4, M end with back to ctr.
- 5-8 Dance 4 Czech Polkas, turning CW and progressing in LOD. End with M facing LOD.

9-16 Repeat meas 1-8. At end, release ptr and put hands on hips. Ptrs are facing, M facing LOD.

### III. ELBOWS AND ROCK

During meas 1-8 move fwd in LOD, W move bkwd.

1 Both turning body 1/4 to R, dance 1 Czech Polka beg ML, WR. L elbow points twd ptr.

2 Both turning body 1/2 to L, dance 1 Czech Polka beg MR, WL. R elbow points twd ptr.

3 M step fwd (L,R) in LOD; W step bkwd (R,L) in LOD (cts 1,2). Body turns a little to R on ct 1, a little to L on ct 2.

4 M: Keeping R ft in place, step fwd onto L ft, turning body to R so that L elbow points twd ptr (ct 1); rock back onto R ft, L elbow still pointing twd ptr (ct 2).

W: Keeping L ft in place, step bkwd onto R ft, turning body to R so that L elbow points twd ptr (ct 1); rock fwd onto L ft, L elbow still pointing twd ptr (ct 2).

5-8 Repeat meas 1-4 but omit the body turn in meas 1 (not necessary).

9-16 Moving in RLOD, repeat meas 1-8 with same ftwk but opp direction. On meas 9 both turn body 1/2 to L (not 1/4), M stepping bkwd on L and W fwd on R. R elbow points twd ptr.

### IV. TWO STAMPS AND POLKA

1-8 Repeat Fig II, meas 1-8 but on meas 2 and 4 stamp ft twice (no wt) (cts 1,2).

9-16 Repeat meas 1-8. On last Czech Polka (meas 16) M step on L instead of hopping. End in modified closed pos with R hips adjacent and joined hands extended down and a little out to side with WR hand held between ML thumb and fingers (both palms down). M face LOD.

### V. TWIRLING

1-4 Both beg R ft, turn CW in place with 2 Slow Buzz and 4 Fast Buzz steps.

5-8 Repeat meas 1-4.

9-16 M: Raise joined hands above W head level and R hand up and out about head level. Beg R, dance 15 Skips fwd CCW around W, waving R hand easily. Facing LOD, step L beside R (no wt) (meas 16, ct 2).

W: Beg R, dance 16 Fast Buzz steps turning CW in place. Hold L hand down and slightly out to side. End facing ptr with back to LOD.

### VI. POLKA AND STEP-LIFTS

1-2 In closed pos dance 1 Czech Polka twd ctr and 1 Czech Polka away from ctr, ending with M back to ctr.

3-4 Shifting to shldr-shldr blade pos, dance 4 Step-Lifts turning CW and moving in LOD.

5-16 Repeat meas 1-4 three more times.

NOTE: At times Mr. Bonuš would dance this alternate ending:

Meas 15: Raising joined hands, M turn W once CW under joined hands. M step in place L,R (cts 1,2). W dance 2 Step-Lifts beg R.

Meas 16: Facing ptr with joined hands lowered, M step L,R,L (W: R,L,R) (cts 1,&,2).