

DUL DULA BAR

(Armenian Bar)

SOURCE: Fresno, California, Frances Ajoian.

RECORD: Mihran Record No. M-203 "Dul Dula Bar".

FORMATION: Little fingers joined, held at shoulder height. Open circle, leader at R, moving to R. Very graceful and simple steps, line progressing very slightly. Easy rhythm and danced by mixed group, but usually by older people.

Described in two parts, 8 counts each. Introduction, 1 measure.

Part Count Step

- | | | |
|----|-----|--|
| I | 1 | Point R toe to right. |
| | 2 | Point R toe to left. |
| | 3 | Point R toe to right. |
| | 4 | Point R toe to left. |
| | 5-8 | Repeat from 1 to 4. |
| II | 1 | Step forward on R foot, to center of circle. |
| | 2 | Pause, raise L foot above right ankle. |
| | 3 | Step forward on L foot. |
| | 4 | Stamp R foot ahead of left, weight still on L. |
| | 5 | Step back on R foot. |
| | 6 | Swing L foot toward right, crossing in front of R. |
| | 7 | Step back on L foot. |
| | 8 | Pause touch R toe next to L toe. |

Repeat Part I and II to complete record.

NOTE: This is one of the primitive dances, usually danced by older people in a small village during festive activities.

Fran Schleadowitz
1967 Kala Festival